

## KOKONJEŠTE

Kokonjeste (koh-koh-NYESH-teh), a Serbian Kolo.

Record: Sonart #2024 (Slow) "Kokonješte"; Balkan #545 (Fast)  
"Kokonjeste".

Formation: Open circle, leader at right.

Starting Position: Hands joined with arms extended straight downward, leader's free arm, with hand clenched, is held behind his back. Right foot free.

### PART I

#### MUSIC A Measures

- 1 - 2 STEP SIDEWARD RIGHT ON RIGHT FOOT (1 and), CROSS AND STEP ON LEFT FOOT IN FRONT OF RIGHT (2 and), STEP SIDEWARD RIGHT ON RIGHT FOOT (1 and), CLOSE LEFT TO RIGHT, without taking weight (2 and).
- 3 - 4 TWO SIDE-CLOSE STEPS, starting with Left foot. Step side-ward left on Left foot (1 and), Close Right to Left (2 and). Step sideward right on Right foot (1 and), Close Left to Right (2 and).
- 5 - 8 REPEAT PATTERN OF MEASURES 1-4 TO LEFT, starting with Left foot.
- 9 - 12 REPEAT MEASURES 1-4.

### PART II

#### MUSIC B Measures

- 1 TWO LOW LEAPS FORWARD (Left, Right) towards center of circle.
- 2 - 4 THREE KOKONJESTE (Kolo Pas de Basque) STEPS (Left, Right, Left; Right, Left, Right; Left, Right, Left), moving backwards slightly.
- 5 - 8 REPEAT PATTERN OF MEASURES 1-4, starting with Right foot.

**ENTIRE PATTERN OF MEASURES 1-8 DONE FOUR TIMES.**

Repeat entire dance starting with Left foot.

Note: The Kokonjeste Step is a characteristic step in Kokonjeste Kolos. It is danced in a quick series of three Kokonjeste (Kolo Pas de Basque) Steps preceded by two low leaps.

## GLOSSARY OF KOLO STEPS

**BASIC KOLO STEP.** Generally danced in place. 2/4 Meter, 2 measures for one complete Kolo step, counted, and 1, 2; and 1, 2.

**Basic Kolo Step Right:**

Hop on Left foot (*and*) and Step on Right in place (1),

Step on Left behind Right (2),

Step on Right foot in place (*and* 1),

Hop on Right foot (2).

Repeat pattern, reversing foot work, for Basic Kolo Step Left. Two Hops will be danced in succession on the same foot since the Basic Kolo Step starts and ends with a Hop. The steps are short and bouncy.

**HEEL-TOE STEP.** Also called "Lame Duck Step". Danced progressing forward.

**Heel-Toe Step Right:**

Hop on Left foot (*and*) and place Right heel forward (1),

Bring Right foot back beside Left and Step on Ball of Right foot (*and*),

Step forward (beyond Right) on Left foot (2).

Repeat pattern, reversing foot work, for Heel-Toe Step Left.

**KOLO PAS de BASQUE STEP.** Generally danced in place.

**Kolo Pas de Basque Step Right:**

Rise on Ball of Left foot as a preparatory movement (*and*) and

Leap in place onto Right foot (1),

Step on Left foot, beside or in front of Right (NOT Across) (*and*),

Step in place on Right foot (2).

Repeat pattern, reversing foot work, for Kolo Pas de Basque Step Left.

**KOKONJESTE STEP.** Same as Kolo Pas de Basque Step. In Kokonjeste Kolos, it is danced in a characteristic series of Three Kokonjeste (Kolo Pas de Basque) steps preceded by Two low Leaps.

**SIDE-CLOSE "REST" STEP.** Danced in place with short side steps, accompanied by slight but sharp knee bends, giving the step an "up and down" bouncy character.

**Side-Close Step Right:**

Step sideward Right on Right foot (1 *and*),

Close Left to Right, without taking weight (2 *and*).

Repeat pattern, reversing footwork, for Side-Close Step Left.

**STEP-HOP STEP.** Danced progressing forward or backward.

**Step-Hop Step Right:**

Step forward (or backward) on Right foot (1 *and*),

Hop forward (or backward) on Right foot (2 *and*).

Repeat pattern, reversing foot work, for Step-Hop Step Left.