

KOKOTEK (THE CHICK)

Polish from the Silesian District

Music: Folkraft 1010 B

Formation: Couples face each other. Join R hands. L hand high to the L.

Meas.

Figure I

- 1 M steps to his R with R ft (W with opposite) (1), bring L ft to R (2).
During that time move hand to above head.
- 2 Repeat meas. 1.
- 3 Release hands and place them on own hips. Point R toe front (same for W) (1), point L toe (2).
- 4 Point R toe (1), pause (2).
- 5-6 Hook R elbows, raise L hands high above head and run around each other with four running steps, to place.
- 7-8 Hands on own hips and repeat, pointing as in meas. 3-4.
- 9-16 Repeat all of above (meas. 1-8).

Figure II

- 17 Hands on hips. Step R ft to R and swing L across R. A slight hop on R ft.
- 18-19 Step on L to L and swing R across L. Repeat meas. 17.
- 20 Hold L ft under you till end of meas. and stamp L ft on last beat.
- 21-24 Repeat meas. 17-20.

Figure III

- 25 Starting with R ft walk away from partner with two steps.
- 26 Walk toward partner with two steps.
- 27-28 Turn toward own R and spin in place with four walking steps.
- 29-30 Reverse to L with four walking steps.
- 31-32 Bow from waist down toward own partner.
Figure III is repeated again except that instead of walking, hop on both feet and follow same pattern as above. Hands hang down against thighs and flap in imitation of a chick.
- 31-32 Repeated: Join R hands as in meas. 1. Squat toward floor spreading knees, slowly, and rise slowly.

-- presented by Vyts Beliajus

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