

# Kokotek

(The Little Chick)—Polish

Kokotek is a dance from Upper Silesia. It has been made popular in this country by the Polish Folk Art and Dance Group. Permission has been given by this group to reproduce Kokotek in this form.

**MUSIC** Folkcraft 1010B *Kokotek Dances of Poland* Album.

**FORMATION** An even number of couples in a double circle, M on the inside facing their partner. Partners have R hands joined; L arms are held at the sides.

**STEPS** Step-close\*, run\*, jump\*, step swing\*

| MUSIC (2/4)       | PATTERN  |
|-------------------|--|
| MEASURE           |  |
| Intro.            | Stand in place for a short introductory phrase of 4 meas.  |
|                   | I. IN COUPLES  |
| 1                 | Starting with M's L, W's R ft. sdwd to M's L (ct. 1), draw free ft. to a closed position (ct. and). At the same time move R arms in an arc up and to the L, accentuating the motion of the arms with the motion of the entire body. On ct. 2 swing R arms back to starting position. |
| 2                 | Repeat action of meas. 1.  |
| 3 - 4             | Point the toes fwd, toward partner, lightly placing the ft. on the floor, R, L, R. Pause (2nd half of meas. 4).  |
| 5 - 6             | Partners hook R elbows and lean away from each other. L arms are curved overhead, palms turned upward. Take 8 small running steps clockwise, making one complete turn.   |
| 7 - 8             | Repeat action of meas. 3-4, (pointing the ft. toward partner, R, L, R.)  |
| 1 - 8<br>(Repeat) | Repeat Part I.   |
|                   | II. IN SETS OF TWO COUPLES   |
|                   | Sets of two couples are formed around the circle. Each dancer faces the center of the small square formed by his set. Feet are close together; all have hands lightly placed on hips.  |
| 1                 | Stamp on R ft. and swing L fwd. and to the R.  |
| 2                 | Stamp on L ft. and swing R fwd. and to the L.  |
| 3                 | Repeat the stamp with the R and swing with the L ft. fwd. and to the R.  |
| 4                 | Stamp with the L ft. placing it close to the R, and bow low at the waist.  |
| 5 - 8             | Repeat action of meas. 1-4.  |
| 9 - 10            | Take two steps bwd from the center of the set, arms swinging naturally at the side. Stamp on third step (ct. 1) and pause (ct. 2 of meas. 10).   |
| 11 - 12           | Repeat action of meas. 9-10, moving toward center of set with 2 steps, stamp and pause.  |
| 13 - 14           | Turn in place to the R with 3 walking steps giving a light stamp on the third. Pause (ct. 2 of meas. 14).  |
| 15 - 16           | Repeat action of meas. 13-14, turning to the L.  |
| 17 - 18           | Move bwd from the set with three light jumps and pause.  |
| 19 - 20           | Move fwd toward center of set with three light jumps and pause.  |
| 21 - 22           | Take three light jumps making one turn to the R.   |
| 23 - 24           | Take three light jumps making one turn to the L.<br>After the last jump, pause in a "deep knee bend" position, torso straight and R hand joined with partner's R, until music resumes.<br>Repeat dance at will. Record plays the music for the dance 3 times.                        |