

KOKOTEK (The Chick)

Polish Dance From the Silesian District

MUSIC: Folkraft 1010B

FORMATION: Couples face each other. Join R hands, L hand high to the L.

Meas.

- 1 Man steps to R with R ft. (W the same with opposite ft.) (ct. 1) Bring L ft. to R (ct. 2) During that time move hand over above head
- 2 Repeat action of meas. 1
- 3 Release hands and place them on own hips, M and W point R toe fwd. (ct. 1), point L to fwd. (ct. 2)
- 4 Point R toe fwd. (ct. 1). pause (ct. 2)
- 5-6 Hook R elbow, raise L hands high above head and run around each other with 4 steps to place.
- 7-8 Place hands on hips and repeat, pointing as in meas. 3-4.
- 9-16 Repeat action of Fig. I meas. 1-8
- 17 Hands on hips. Step R and swing L across R. A slight hop on R ft.
- 18 Step L to L and swing R across L.
- 19 Repeat meas. 17.
- 20 Hold L ft. raised until last beat of music and Stamp L ft.
- 21-24 Repeat meas. 17-20.
- 25 Starting R ft. walk away from Partner with 2 steps
- 26 Walk twd. P with 2 steps
- 27-28 Turn twds. own R, and spin in place with 4 walking steps.
- 29-30 Turn twds. own L, and spin in place with 4 walking steps.
- 31-32 Bow twds. own Partner from waist down. Repeat Fig. III except instead of walking, hop (or jump) on both feet and follow same pattern as above, hands held down against thighs and flap in imitation of a chick.
- 31-32 Repeated: join R hands as in meas. 1. Squat twds. floor spreading knees, slowly, and rise slowly.