

KOLOMEYKA
Russian

Music: Kismet All5

Formation: Couples in a square formation.

1. Partners join hands shoulder height, using Kolomeyka step, move CCW around the square using a "push-pull" action as they progress in the line of direction.
Kolomeyka step: leap fwd R, bring L ft. up to the R, rise on toes and heels sink.
2. Chorus is Hungarian turn position. Partners turn with hop, step, step turn R seven measures and take a break step (L,R,L. Repeat turn with L hips adjacent.
(Hop, step step: with a lifting up-beat motion hop on R ft., step fwd on L ft, and step fwd on the R ft.)
3. Partners facing in a single circle, with hands on hips, palms down, fingers fwd. Each dancer performs a zig-zig pattern using the Kolomeyka step moving alternately to the R and L. End with Kolomeyka turn both ways.
4. Squat step for M, push step for W. Square forms single circle, the M has his back to center, his L hand behind his neck with R hand extended. The W faces the center of the square with her R hand behind her neck and L hand extended.
M's squat step: - While moving fwd the M assumes squatting position with weight on R ft., M comes to upright pos, flinging L ft fwd. Continue 3 times in all (6 cts.) Stepping on R, M swings L through with a fling at same time bringing R hand to neck and extending L hand fwd. M repeats this pattern 4 times in all (16 meas.)
W's step: With her R hand behind her neck and L hand extended the W takes 7 push steps progressing around the circle. On the "ct. 7 and" the W takes a half turn L away from the center and continues with the push step turning toward the center on the "ct. 7 and". Continue completing 4 patterns in all - 16 measures.
5. Repeat chorus - 2 above.
6. With hands on hips partners do the Kolomeyka step alternately L and R at the same time moving slightly toward the center of the square to form the basket. The basket moves L with the hop-step-step pattern, hopping on the R ft. End with the break step. Repeat the basket figure to the R using same step but starting on L (note: - NO Kolomeyka turn with partner following this figure.)
7. W form circle joining hands and face CCW, using Kolomeyka step, while M dance in place, but move fwd enough to place R hands on joined hands of partner and corner W. M faces corner W.
-M's Step: - With L arm extended to the side M does 3 squat steps (L arm is flung fwd as L is kicked fwd.). The M completes his pattern with a break step in place.
-W's Step: - Move bwd with 7 short kicking steps and end with break step.
-The pattern is repeated, the W dancing back to place without turning, the M turn and placing L hand in repeat steps to place.
8. Repeat Chorus - 2 above.
9. Using push-pull Kolomeyka step each square leads to a longways position with the M and W alternating.
10. While partners do Kolomeyka step in place, the hands are raised and lowered simultaneously.
11. Basket of 4 dancers and circle with hop-step-step pattern to L, break step and repeat to R.
12. Repeat Chorus - 2 above.
13. Repeat push-pull Kolomeyka as partners leave floor informally.