

Source: Learned in Macedonia by Anatol Joukowsky. Komitsko Oro imitates in its movements the activities of the Komita who were people that resisted domination by Turks. Since the area in which this dance was done was near the borders of Macedonia, Greece and Bulgaria, the steps have the styling of these three countries. Presented by Anatol Joukowsky at F.D.C., Santa Barbara, 1958. Notes by Ruth Ruling.

Record: Newton M-7 Aide Pushka Pukna; 2/4 times. 10 meas. introduction. Dance begins with first vocal.

Formation: Open kolo (broken circle). Hands on neighbor's shoulders with R arm in front of neighbor's L arm. Face a little diagonally fwd in LOD.

Meas. 2/4	Pattern
10 meas	INTRODUCTION

FIG. I Macedonian

10 meas Each step is done on 1 beat of music but because of the pattern it is much easier to disregard the meas and consider just 20 cts which is broken into groups of 7, 7, and 6.

Step R in LOD (ct 1). Step L in LOD (ct 2). Facing ctr, step R to R side (ct 3). Lift bent L leg, knee turned out, in front of R (ct 4). Step L to L side (ct 5). Lift bent R leg, knee turned out, in front of L (ct 6). Step R beside L and prepare to repeat whole pattern moving to L with L (ct 7). On cts 1-3 leader only slowly raise R hand to just above the eyes as if shielding them from the sun. Look to R and keep hand in pos for cts 4-6. Return to place on ct 7. Repeat action of cts 1-7 but moving to L with L and raising L hand (cts 8-14). Repeat action of cts 1-6, moving R with R (cts 15-20). This leaves R leg lifted in front of L.

FIG. II Bulgarian

1 Hands are brought down and joined with neighbor. Hop on L, with R knee lifted high (ct 1). Step R (ct &). Hop on R, with L knee lifted high (ct 2). Step L (ct &). While doing above pattern travel in LOD.

2 Run R, L, R, L in LOD.

3-8 Repeat action of meas 1-2 three more times (4 in all). On meas 8 run only R (ct 1), L (ct &). Step R next to L (ct 2). Hold (ct &). End facing ctr.

FIG. III Greek

1 Clasp hands behind back at waist level. Assume slight crouch. Moving into ctr, step R in front of and a little to L of L ft (ct 1). Bend R knee (ct &). Step L in front of and a little to R of R ft (ct 2). Bend L knee (ct &).

2 Straightening body, stamp R, and at same time sharply extend L ft fwd and low, then bend L leg so L ft is to R of R knee (ct 1); extend L fwd again (ct &), bend L leg so L ft is to L side of R knee (ct 2). All movement in meas 2 have a staccato quality.

3- Moving out of circle standing erect, step back on L (ct 1). Bend L (ct &). Step back on R (ct 2). Bend R (ct &).

4 Step back on L (ct 1). Step back on R (ct &). Step L next to R (ct 2). Hold (ct &).

5-8 Repeat action of meas 1-4.

Dance is repeated from beginning 4 more times.

END