

Komletrø

(Komle = potato ball; trø = step)

This is a very simple mixer that you can use to any masurka. My source is Torleiv Molaug of Stavanger, and I believe he has made up this dance.

Music: Any squarely phrased masurka, preferably a fast one.

Formation: Couples facing LOD. Skater's position, M right arm on top.

Meas Movement

1-4 Starting M L and W R, run 12 steps fwd.

5-8 Run 12 steps bkwd.

9-10 Rotating CW, M fwd and W bkwd, run 6 steps.

11-12 Rotating CCW, M bkwd and W fwd, run 6 steps.

13-14 Release L hands. M turns W to her own R twice. They both run 6 steps, he in place.

15-16 W run 6 steps in place. M clap on ct 1 of meas 15, run fwd 3 steps turning once to L at the same time. Then run 3 steps fwd to next W. Join hands in skater's position.

Presented by Alix Cordray