

KOPACKA

Kopacka symbolizes how the men work on the farm. It is the most popular dance from eastern Macedonia and is done in "village" style in steps, style and technique. It was originally a dance for men only and widely used by exhibition groups. The dance is from the Delcevo-Berovo district. It was originally taught by Atanas Kolarovski when TAMEC, the Macedonian State Folk Ensemble, toured the United States in 1956.

RECORD:

AK 008

RHYTHM: 2/4 10 measure phrase

FORMATION: Mixed lines, belt hold L over R.

I

Meas. Ct.

- | | | |
|----|---|--|
| 1 | 1 | Facing slightly R, moving in LOD, step R |
| | 2 | Step L |
| 2 | 1 | Step R |
| | 2 | Step L |
| 3 | 1 | Step R |
| | 2 | Slight thrust forward with L |
| 4 | 1 | Step L |
| | 2 | Slight thrust forward with R |
| 5 | 1 | Step R |
| | 2 | Slight thrust forward with L |
| 6 | 1 | Step L in RLOD |
| | 2 | Step R across in front of L |
| 7 | 1 | Step L |
| | 2 | Step R behind L |
| 8 | 1 | Step L |
| | 2 | Slight thrust forward with R |
| 9 | 1 | Step R |
| | 2 | Slight thrust forward with L |
| 10 | 1 | Step forward with R toward center |
| | 2 | Lift R close in front of L ankle. |

Repeat to end of slow music "Dinna Juda Mamo"

II

Fast "Kopacka" step danced to "Derviško Viško Mome"

- | | | |
|---|---|--------|
| 1 | 1 | Hop L |
| | 2 | Step R |
| | 2 | Step L |
| 2 | 1 | Hop L |
| | 2 | Step R |
| | 2 | Step L |
| 3 | 1 | R |
| | 2 | L |
| | 2 | R |
| 4 | 1 | L |
| | 2 | R |
| | 2 | L |
| 5 | 1 | R |
| | 2 | L |
| | 2 | R |

scissors

scissors

scissors

6-7 Repeat meas. 1-2 to the L, using same footwork as before.

8-10 Repeat meas. 3-5 (scissors) moving to L, then forward, making a semi-circle moving toward R.

1-2 Repeat meas. 1-2, Fig. 2, moving back to original position

3-10 Repeat meas. 3-10, Fig. 2, continuing to move in a semi-circle until leader calls change.

III.

1-4

Repeat Meas. 1-4, Figure I

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|---|---|---|
| 5 | 1 | Little leap onto R foot, bringing L out sharply to L side |
| | 2 | then swing across in front of R with bounce on R |

cont

KOPACKA (cont.)

III. (cont.)

- 6-7 Repeat meas. 1-2, Figure 1
8 1 Small leap on L
2 Slight thrust forward with R
9 1 Step R } in place
& Step L
2 Step R forward
10 1 Hop on R
& Swing L out to L and around
2 Step on L across in front of R
1-10 Repeat meas. 1-10, Part III.

IV.

- 1-2 Repeat meas. 1-2, Part I
3-4 Jump on both feet and hold
5 1 Leap onto R, swing L out sharply to L
2 Swing L across in front of R
6 1 Touch to L with L on toe, with heel turned out
2 Raise L behind R calf, with slight lift on R
7 1 Step back on L with twist
2 Step back on R with twist
8 1 Step L
2 Slight thrust forward with R
9 1 Step R } moving slightly forward
& Step L
2 Step R
10 1 Hop R
& Bring L across
2 Step L across in front of R in LOD
1-10 Repeat meas. 1-10, Part IV.

V.

- 1-2 Repeat meas., Part I
3 Jump on both feet
4 1 Leap onto R, swing L out sharply to L
2 Swing L across in front of R
5 1 Touch to L with L on toe, with heel turned out
2 Raise L behind R calf, with slight lift on R
6 1 Step back on L with twist
2 Step back on R with twist
7 1 Step L
2 Slight thrust forward with R
8 1 Step R } moving slightly forward
& Step L
2 Step R
9 Bicycle (hop on R, circle left leg forward, up, backward and down
10 Repeat bicycle, ending with Step L
1-10 Repeat meas. 1-10, Figure V

This description is meant as refresher notes only, for use after having learned the dance from a qualified instructor. Proper styling must be learned in person as it cannot be adequately described in writing.

Presented by Atanas Kolarovski

SBFDS '81