

## KOPCHETO

Presented by Marcus Moskoff at the 1982 Mendocino Folklore Camp. /

This dance, presented by Marcus Moskoff, is from the repertoire of the State Regional Folklore Ensemble in Pernik, Bulgaria. This particular version is a collection of just a few of the many variations originally performed by the State Ensemble for Folk Songs and Dances of Sofia, Bulgaria

Record: "Marcus Moskoff Introduces Songs and Dances of Bulgaria"  
Vol. I "KOPCHETO"

Music: 7/16 Quick, Quick, Slow (counted: ONE, TWO, THREE)

Formation: Short lines with belt hold. Leader on the right end of line calls out the random pattern sequence; however, Pattern I is usually performed in between Patterns II, III, IV, and V.

### MEASURE      PATTERN I "VODI" (Moving Step)

- 1 Facing diag. fwd. L, bounce on both feet together (ct. 1); bounce on R heel while slightly lifting L ft. (ct. 2); step bkwd. in LOD on L ft. while slightly lifting R ft. (ct. 3).
- 2 Repeat action of Measure 1, Pattern I.
- 3 Turning to face center, leap sdwd. R onto R ft. (ct. 1); leap onto L ft. in front of R ft. (ct. 2); leap onto R ft. back in place (ct. 3).
- 4 Leap sdwd. L onto L ft. (ct. 1); leap onto R ft. in front of L ft. (ct. 2); leap onto L ft. back in place (ct. 3).
- 5 Repeat action of Measure 3, Pattern I.
- 6 Facing center, hop on R ft., moving sdwd. L while kicking L ft. quickly fwd. (ct. 1); step sdwd. L on L ft. (ct. 2); step on R ft. crossing in front of L ft. (ct. 3).
- 7 Hop on R ft., moving sdwd. L while kicking L ft. quickly fwd. (ct. 1); step sdwd. L on L ft. (ct. 2); step on R ft. crossing behind L ft. (ct. 3).
- 8 Touch ball of L ft. slightly fwd. while bouncing on R heel (ct. 1); hop on R ft. while lifting L ft. (ct. 2); step on L ft. next to R ft. (ct. 3).
- 9 Repeat action of Measure 8, Pattern I, but with opposite footwork.
- 10 Touch ball of L ft. slightly fwd. while bouncing on R heel (ct. 1); hop on R ft. while lifting L ft. (ct. 2); step on L ft. crossing in front of R ft. with a slight bend of L knee (ct. 3).  
(PIVOT ON L FT. TO FACE DIAG. FWD. L BEFORE REPEATING PATTERN I FROM THE BEGINNING)  
(REPEAT PATTERN I UNTIL LEADER CALLS FOR ANOTHER PATTERN)

### MEASURE      PATTERN II "CHETRI NAPRED, CHETRI NAZAD" (4 Forward and 4 back)

- 1 Facing center, with weight on L ft. and holding R thigh almost horizontal, hop fwd. on L ft. (ct. 1); hop fwd. again on L ft. (ct. 2); step fwd. on R ft. while lifting L thigh almost horizontal (ct. 3).
- 2 With L thigh in same position, hop fwd. on R ft. (ct. 1); hop fwd. again on R ft. (ct. 2); step fwd. on L ft. while lifting R thigh almost horizontal (ct. 3).
- 3 - 4 Repeat action of Measures 1-2, Pattern II, moving continuously fwd.
- 5 - 8 Repeat action of Measures 1-4, Pattern II, but with opposite direction (moving continuously bkwd. to reach starting position).

## KOPCHETO (Cont.)

### MEASURE

### PATTERN III "RITNI" (Kicks)

- 1 - 4 Repeat action of Measures 1-4, Pattern II, moving continuously fwd.  
5 Turning to face diag. fwd. L, hop on L ft. bringing R knee up (ct. 1); hold R knee up for ct. 2; kick R ft. out R sdwd. while slightly flexing L knee (ct. 3).  
6 Turning to face diag. fwd. R, leap onto R ft. while bringing L knee up (ct. 1); hold L knee up for ct. 2; kick L ft. out to sdwd. L while slightly flexing R knee (ct. 3).  
7 Turning to face center, hop on R ft. in place (ct. 1); step slightly sdwd. L on L ft. (ct. 2); step on R ft. in front of L ft. (ct. 3).  
8 Step on L ft. back in place (ct. 1); step on R ft. next to L ft. (ct. 2); step on L ft. in front of R ft. (ct. 3).  
9 Repeat action of Measure 8, Pattern III, but with opposite footwork.  
10 Repeat action of Measure 8, Pattern III.

### "RITNI DVA" (Two Kicks)

- 11 - 12 Repeat action of Measure 5, Pattern III, twice through.  
13 - 14 Repeat action of Measure 6, Pattern III, twice through, but with a hop on R ft. instead of stepping during ct. 1 of Measure 14.  
15 - 18 Repeat action of Measures 7-10, Pattern III.

### "RITNI TRI" (Three Kicks)

- 19 - 21 Repeat action of Measure 5, Pattern III, three times through.  
22 - 24 Repeat action of Measure 6, Pattern III, three times through, but with a hop on R ft. instead of stepping during ct. 1 of Measures 23 and 24.  
25 - 28 Repeat action of Measure 7-10, Pattern III.  
(Leader usually calls "Chetri Nazad," Measures 5-8 of Pattern II, before returning to Pattern I.)

### MEASURE

### PATTERN IV "SVIJ KOLENO" (Knee Lift)

- 1 Facing center with straight R leg, strike R heel diag. Fwd. R while slightly bouncing on L ft. (ct. 1); pause for ct. 2; bending R knee abruptly, lift R ft. to cross up in front of L leg while slightly bouncing on L ft. (ct. 3).  
2 Hop on L ft. in place while shifting lifted R ft. to side of L leg (ct. 1); step slightly sdwd. R on R ft. (ct. 2); step on L ft. in front of R ft. (ct. 3).  
3 Step on R ft. back in place (ct. 1); step slightly sdwd. L on L ft. (ct. 2); step on R ft. in front of L ft. (ct. 3).  
4 - 6 Repeat action of Measures 1-3, Pattern IV, but with opposite footwork and direction.  
7 - 12 Repeat action of Measures 1-6, Pattern IV, once through again.  
(Leader usually calls "Chetri Nazad," Measures 5-8 of Pattern II, before returning to Pattern I.)