

Presented by Dick Crum

KOPČETO  
(Bulgaria)

Bulgarian Men's dance from the town of Kjustendil(Cope'-cheh-toe)

RECORD: Any moderate-speed "Ruchenica" may be used. An excellent one is "Rachenitza from Briagovo" on MH LP 109. Time" 7/16, counted 1-2-3. ("quick-quick-slow)

FORMATION: Men in a line, using the regular Balkan belt-hold; grasp nearest part of neighbor's belt, your R arm under, L arm over. Leader (Man on R end) carries a handkerchief in raised R hand which he waves intensely during the dance. NOTE: The version of the dance given here is a simple, basic form; the Koutev Bulgarian State Dance Ensemble performs a somewhat more complex choreography for stage purposes.

7/16

PATTERN

Meas

FIG I:(Basic travelling step) "VODI"

- 1 Facing diag L, bounce twice on both ft (cts 1-2) then step bkwd, i.e. move bwds in line of direction with a step on L ft (ct 3)
- 2 Do another of the pattern of meas 1, continuing to move bwd.
- 3-5 Face straight twd ctr and do 3 light pas-de-basques on balls of ft with a slight prancing style: RLR,LRL,RLR.
- 6 Still facing ctr, hop on R ft, moving swd L, at same time kicking L ft quickly across in front (ct 1) step L ft sideways to L (ct 2) step R ft across in front of L ft(ct 3)
- 7 Hop sideways L on R ft again (ct 1) step L ft sideways with L ft (ct 2) step R ft behind L ft (ct 3).
- 8 Bring L ft out to the L to close with R ft, taking wt on both (ct 1) bounce on both again (ct 2) shift weight entirely onto L ft in place, sending R ft a short way out to R side (ct3)
- 9 Repeat meas 8 with opp ftwk.
- 10 Repeat meas 8, but step fwd twd center with L ft on ct 3 rather than in place.

Repeat this travelling step as many times as leader wishes, until he calls a command for one of the other figures.

FIG II:(Four forward & four back) "ČETIRI,NAPRED,ČETRIRI NAZAD"

- 1 With wt on L ft and with R thigh almost horizontal,R lower leg perpendicular, hop fwd twice on L ft (cts 1-2) step fwd on R ft raising L leg into position R leg just held (ct 3).

- 2 Hop fwd twice on R ft with L leg in this position (cts 1-2)  
step forward on L ft (ct 3)
- 3-4 Continue forward with same movements as in meas 1-2.
- 5-8 Same movements as meas 1-4, but moving back to place.

FIG III (Kicks) "RITNI"

- 1-4 Do "chetiri napred", i.e. meas 1-4 of FIG II, moving fwd
- 5 Standing on L ft, bring R knee up in air, lower R leg is  
perpendicular (ct 1) pause briefly in this position (ct 2)  
kick R ft forward, lowering R knee slightly (ct 3)
- 6 Step onto R ft in place, raising L knee up in air, lower L  
leg perpendicular (ct 1) pause briefly in this position (ct 2)  
kick R ft forward, lowering R knee slightly (ct 3)
- 7 Hop in place on R ft (ct 1) small step L with L ft (ct 2)  
step R ft across in front of L ft (ct 3)
- 8 Return weight to L ft in its own place (to the back and R  
of where R ft now is) (Ct 1) step R ft beside L ft (ct 2)  
step on L ft across in front of R ft (ct 3)
- 9 Return weight to R ft in its own place (to the back and L  
of where L ft now is) (ct 1) step on L ft beside R ft (ct 2)  
R ft across in front of L ft (ct 3)
- 10 Return weight to L ft in its own place (to the back and R  
of where R ft now is) (Ct 1) step on R ft beside L ft (ct 2)  
L ft across in front of R ft (ct 3)

"RITNI DVA"

- 11-14 Do movements of meas 5 twice thru, then those of meas 6 twice.
- 15-18 Do movements of meas 7-10

"RITNI TRI!"

- 19-24 Do movements of meas 5 three times, then those of meas 6  
three times
- 25-23 Do movements of meas 7-10

FIG IV (Scissors and Kick) "GREBNI!"

- 1-4 Do "chetiri Napred", i.e. meas 1-4 of FIG II, moving fwd
- 5 Scuff R ft thru fwd and up high in front (ct 1) during ct 2  
bring R ft down thru air, L ft up, so they pass in air in  
front; land on R ft, bending fwd and extending straight L  
leg out in front (ct 3)
- 6 Slap L ft down on ground in front (ct 1) pause (ct 2) raise  
L ft off ground a bit (ct 3)
- 7 Slap L ft down on ground in front (ct 1) pause (ct 2) leap  
onto L ft in place (beside R ft) at same time bending diag  
fwd from waist and bending R knee so that R lower leg is  
extended out diag back R (ct 3)
- 8 Pause in this position, "frozen" for two counts (cts 1-2)  
abruptly scuff R heel thru and fwd out to R in an arc,  
straightening trunk sharply (ct 3)
- 9 Hop twice on L ft bwd, bringing R ft around in arc (cts 1-2)  
step on R ft in back of L ft (ct 3).

- 10 Hop twice on R ft bwd, bringing L ft around behind in arc  
(cts 1-2) step on L ft in back of R ft (ct 3)  
11-12 Repeat meas 9-10

FIG V (Heel and Cross) "SVIJ KOLJANO!"

- 1 With stiff R knee, strike R heel on ground out to R (ct 1)  
pause (ct 2) bending R knee abruptly, cross R ft up in front  
of L leg (ct 3)  
2 Hop in place on L ft (ct 1) small step R with R ft (ct 2)  
step L ft across in front of R ft (ct 3)  
3 Return weight to R ft in its own place (to the back and L  
of where L ft now is)(Ct 1) step L ft beside R ft (ct 2)  
step on R ft across in front of L ft (ct 3)  
4-6 Repeat meas 1-3 with opp ftwk.

Stick USED 2 VODI EACH TIME