

Presented by Stephen Kotansky

KOPČETO
BulgariaPRONUNCIATION: Kope-ch-toh

SOURCE: A Bulgarian men's dance from the town of Kyustendil. These steps are a number of steps done by the Koutev State Dance Ensemble. This dance was originally learned by Dick Crum

RECORD: Any moderate speed "Ruchenitsa" may be used. An excellent one is "Ruchenitsa from Briagovo", MH LP-109

RHYTHM: 7/16 meter counted $\frac{1,2}{1}$ $\frac{3,4}{2}$ $\frac{5,6,7}{3}$ (Q,Q,S)

FORMATION: M in a line, using the regular Balkan belt-hold: grasp the nearest part of neighbor's belt, your R arm under, L arm over. Leader (M on R end of line) carries a handkerchief in his raised R hand which he waves intensely during the dance.

METER: 7/16

PATTERN

Meas. Cts.

INTRODUCTION:FIG. I: VODI (Basic traveling step)

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|----|---|---|
| 1 | 1 | Facing diag L, bounce on both ft. |
| | 2 | Bounce again on both ft. |
| | 3 | Step bkwd in LOD stepping on L |
| 2 | | Repeat meas 1. |
| 3 | 1 | Face ctr and leap R on R |
| | 2 | Leap on L in front of R. |
| | 3 | Leap R back in place. |
| 4 | 1 | Leap L on L. |
| | 2 | Leap R in front of L. |
| | 3 | Leap L back in place. |
| 5 | | Repeat meas 3. |
| 6 | 1 | Facing ctr, hop on R, moving sdwd L while kicking L quickly across R. |
| | 2 | Step L to L. |
| | 3 | Step R across L. |
| 7 | | Repeat meas 6, except step R behind L on ct 3. |
| 8 | 1 | Close L to R, wt on both ft. |
| | 2 | Bounce on both ft. |
| | 3 | Shift wt onto L, sending R slightly to R. |
| 9 | | Repeat meas 8 with opp ftwk. |
| 10 | 1 | Close L to R, wt on both ft. |
| | 2 | Bounce on both ft. |
| | 3 | Step L fwd twd ctr. |

Repeat Fig. I until the leader calls for another Fig.

Continued...

FIG. II: CETIRI NAPRED, CETIRI NAZAD (4 fwd & 4 back)

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|-----|---|--|
| 1 | 1 | With wt on L and R thigh almost horizontal, hop L fwd. |
| | 2 | Repeat meas 1, ct 1. |
| | 3 | Step R fwd and raise L leg to pos held by R leg earlier. |
| 2 | | Repeat meas 1 with opp ftwk. |
| 3-4 | | Repeat meas 1-2. |
| 5-8 | | Repeat meas 1-4, moving back to place. |

FIG. III: RITNI (kicks)

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|-----|---|---|
| 1-4 | | Repeat Fig. II, meas 1-4, moving fwd. |
| 5 | 1 | Standing on L, bring R knee up. |
| | 2 | Hold. |
| | 3 | Kick R fwd. |
| 6 | 1 | Leap R in place, bring L knee up. |
| | 2 | Pause. |
| | 3 | Kick L fwd. |
| 7 | 1 | Hop on R in place. |
| | 2 | Small step L to L |
| | 3 | Step R across L. |
| 8 | 1 | Step L back and to R of where the R is now. |
| | 2 | Step R next to L. |
| | 3 | Step L across R. |
| 9 | | Repeat meas 8 with opp ftwk. |
| 10 | | Repeat meas 8 |

RITNI DVA

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|-------|--|----------------------|
| 11-12 | | Repeat meas 5 twice. |
| 13-14 | | Repeat meas 6 twice. |
| 15-18 | | Repeat meas 7-10. |

RITNI TRI

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|-------|--|-------------------------|
| 19-21 | | Repeat meas 5, 3 times. |
| 22-24 | | Repeat meas 6, 3 times. |
| 25-28 | | Repeat meas 7-10. |

FIG. IV: SVIJ KOL-NO (heel and cross)

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|-----|---|--|
| 1 | 1 | With straight R leg, strike R heel diag R. |
| | 2 | Hold. |
| | 3 | Bending R knee abruptly, cross R up in front of L leg. |
| 2 | 1 | Hop on L in place. |
| | 2 | Small step R on R. |
| | 3 | Step L across R |
| 3 | 1 | Step R back and L of where the L is now. |
| | 2 | Step L next to R. |
| | 3 | Step R across L |
| 4-6 | | Repeat meas 1-3 with opp ftwk. |

FIG. V: GREBNI (Scissors and Kick)

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| 1-4 | | Repeat Cetiri Napred (4 fwd), Fig. II, meas 1-4. |
| 5 | 1 | Scuff R fwd and up high in front |
| 2-3 | | Leap on R and scuff L up so that they pass in the air in front; when landing on R bend fwd and extend L leg straight fwd in front. |
| 6 | 1 | Slap L on ground fwd. |
| | 2 | Hold. |
| | 3 | Raise L off ground. |
| 7 | 1 | Slap L on ground fwd. |
| | 2 | Hold. |

Continued...

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↑
DICK GRUBB REVERSED
THESE TWO

- 3 Leap on L in place while bending diag fwd L from waist and bending R knee so that the R lower leg is extended out diag bkwd to R.
- 8 1-2 Hold.
- 3 Abruptly scuff R heel fwd out R in an arc, straighten body sharply.
- 9 1-2 Hop twice on L, bring R around in an arc.
- 3 Step R in back of L.
- 10 Repeat meas 9 with opp ftwk.
- 11-12 Repeat meas 9-10.

Steps are called by the leader of each line and need not be in any specific order.

Notes by Dick Crum