


KOPČETO
(Bulgarian)

Origin: From the town of Kjustendil in Bulgaria. It was presented by Dick Crum at the 1975 San Diego Folk Dance Conference.

Record: Any good moderate speed Račenica may be used, such as "Račenica from Kjustendil", XOPO LP-1, side II, band 4.

Formation: Men in a line, using the regular Balkan belt-hold, L arm over, R arm under. Leader (man on R end) carries a handkerchief in raised R hand which he waves intensely during the dance.

Time: 7/16 (1,2,3) 

Note: This is a simple basic form of the dance; the Koutev Bulgarian State Dance Ensemble performs a more complex choreography for stage purposes.

Measure	Description
	FIGURE I. BASIC TRAVELLING STEP ("VODI")
1	Facing diag L, bounce twice on both ft (cts 1,2) Step bkwd in line of direction on L ft (ct 3)
2	Repeat measure 1, continuing to move bkwd.
3-5	Facing center, 3 light pas-de-basques on balls of feet with a slight prancing style: R,L,R; L,R,L; R,L,R
6	Still facing ctr, hop on R, moving sdwd L, at same time kicking L quickly across in front (ct 1) Step L sdwd L (ct 2) Step R across in front of L (ct 3)
7	Hop on R sdwd L again (ct 1) Step L sdwd L (ct 2) Step R behind L (ct 3)
8	Bring L ft out to the L to close with R, taking weight on both (ct 1) Bounce on both ft (ct 2) Shift weight entirely onto L in place, sending R a short distance out to R side (ct 3)
9	Repeat measure 8 with opposite footwork
10	Repeat measure 8, but step fwd into center with L (ct 3) rather than in place.

Repeat travelling step as many times as leader wishes, until he calls a command for one of the other steps.

FIGURE II. FOUR FORWARD, FOUR BACK (ČETIRI NAPRED, ČETIRI NAZAD)

1	With wt on L and with R thigh almost horizontal, R lower leg perpendicular, hop fwd twice on L (cts 1,2) Step fwd on R, raising L leg into position R leg just held (ct 3)
2	Hop fwd twice on R with L leg in same position (cts 1,2) Step fwd on L (ct 3)
3-4	Repeat measures 1-2, still moving fwd
5-8	Repeat movements of measures 1-4, moving back to place.

(continued)

Measure	Description
	<u>FIGURE III. KICKS ("RITNI")</u>
1-4	Repeat measures 1-4 of Figure II ("Cetiri napred") moving fwd
5	Standing on L ft, bring R knee up in air, lower R leg perpendicular (ct 1) Pause in this position (ct 2)
6	Kick R ft fwd, lowering R knee slightly (ct 3) Step on R in place, raising L knee up in air, with lower L leg perpendicular (ct 1) Pause briefly in this position (ct 2) Kick L ft fwd, lowering L knee slightly (ct 3)
7	Hop in place on R (ct 1) Small step to L on L (ct 2) Step on R across in front of L (ct 3)
8	Return weight to L in its own place (to the back and R of where the R ft now is) (ct 1) Step on R beside L (ct 2) Step on L across in front of R (ct 3)
9	Repeat measure 8, opposite footwork
10	Repeat measure 8
	<u>"RITNI DVA"</u>
11-14	Repeat measure 5 twice, then measure 6 twice
15-18	Repeat measures 7-10
	<u>"RITNI TRI"</u>
19-24	Repeat measure 5 three times, then measure 6 three times
25-28	Repeat measures 7-10
	<u>FIGURE IV. SCISSORS AND KICK ("GREBNI")</u>
1-4	Repeat measures 1-4 of Figure II ("Cetiri napred") moving fwd
5	Scuff R ft through fwd and up high in front (ct 1) Bring R ft down and L ft up, so that they pass in front in the air (ct 2) Land on R, bending fwd and extending L leg straight out in front (ct 3)
6	Slap L ft down on ground in front (ct 1), pause (ct 2) Raise L ft off ground a bit (ct 3)
7	Slap L ft down on ground in front (ct 1), pause (ct 2) Leap onto L ft in place (beside R ft), at the same time bending fwd from waist and bending R knee so that R lower leg is extended out diag bkwd R (ct 3)
8	Pause in this position for two counts (cts 1,2) Abruptly scuff R heel through and fwd out to R in an arc, straightening trunk sharply (ct 3)
9	Hop twice on L ft bkwd, bringing R around in arc (cts 1,2) Step on R in back of L (ct 3)
10	Repeat measure 9, opposite footwork
11-12	Repeat measures 9-10

(continued)

KOPČETO (concluded)

Measure	Description
	FIGURE V. HEEL AND CROSS ("SVIJ KOLJANO")
1	With stiff R knee, strike R heel on ground out to R (ct 1), pause (ct 2) Bending R knee abruptly, cross R ft up in front of L leg (ct 3)
2	Hop in place on L (ct 1) Small step to R on R (ct 2) Step on L across in front of R (ct 3)
3	Return weight to R ft in its own place (to the back and L of where L ft now is) (ct 1) Step on L beside R (ct 2) Step on R across in front of L (ct 3)
4-6	Repeat measures 1-3 with opposite footwork

Presented by Dick Crum