

Presented by Stephen Kotansky

KOPČETO ✓  
BulgariaPRONUNCIATION: Kope-ch-toh

SOURCE: A Bulgarian men's dance from the town of Kyustendil. These steps are a number of steps done by the Koutev State Dance Ensemble. This dance was originally learned by Dick Crum

RECORD: Any moderate speed "Ruchenitsa" may be used. An excellent one is "Ruchenitsa from Briagovo", MH LP-109

RHYTHM: 7/16 meter counted  $\frac{1,2}{1}$   $\frac{3,4}{2}$   $\frac{5,6,7}{3}$  (Q,Q,S)

FORMATION: M in a line, using the regular Balkan belt-hold: grasp the nearest part of neighbor's belt, your R arm under, L arm over. Leader (M on R end of line) carries a handkerchief in his raised R hand which he waves intensely during the dance.

METER: 7/16

PATTERN

Meas. Cts.

INTRODUCTION:FIG. I: VODI (Basic traveling step)

- |    |   |   |
|----|---|---|
| 1  | 1 | Facing diag L, bounce on both ft.                                     |
|    | 2 | Bounce again on both ft.  |
|    | 3 | Step bkwd in LOD stepping on L  |
| 2  |   | Repeat meas 1.  |
| 3  | 1 | Face ctr and leap R on R  |
|    | 2 | Leap on L in front of R.  |
|    | 3 | Leap R back in place.   |
| 4  | 1 | Leap L on L.  |
|    | 2 | Leap R in front of L.   |
|    | 3 | Leap L back in place.   |
| 5  |   | Repeat meas 3.  |
| 6  | 1 | Facing ctr, hop on R, moving sdwd L while kicking L quickly across R. |
|    | 2 | Step L to L.  |
|    | 3 | Step R across L.  |
| 7  |   | Repeat meas 6, except step R behind L on ct 3.                        |
| 8  | 1 | Close L to R, wt on both ft.  |
|    | 2 | Bounce on both ft.  |
|    | 3 | Shift wt onto L, sending R slightly to R.                             |
| 9  |   | Repeat meas 8 with opp ftwk.  |
| 10 | 1 | Close L to R, wt on both ft.  |
|    | 2 | Bounce on both ft.  |
|    | 3 | Step L fwd twd ctr.   |

Repeat Fig. I until the leader calls for another Fig.

Cont

FIG. II: CETIRI NAPRED, CETIRI NAZAD (4 fwd & 4 back)

- 1 1 With wt on L and R thigh almost horizontal, hop L fwd.  
 2 Repeat meas 1, ct 1.  
 3 Step R fwd and raise L leg to pos held by R leg earlier.  
 2 Repeat meas 1 with opp ftwk.  
 3-4 Repeat meas 1-2.  
 5-8 Repeat meas 1-4, moving back to place.

FIG. III: RITNI (kicks)

- 1-4 Repeat Fig. II, meas 1-4, moving fwd.  
 5 1 Standing on L, bring R knee up.  
 2 Hold.  
 3 Kick R fwd.  
 6 1 Leap R in place, bring L knee up.  
 2 Pause.  
 3 Kick L fwd.  
 7 1 Hop on R in place.  
 2 Small step L to L  
 3 Step R across L.  
 8 1 Step L back and to R of where the R is now.  
 2 Step R next to L.  
 3 Step L across R.  
 9 Repeat meas 8 with opp ftwk.  
 10 Repeat meas 8

RITNI DVA

- 11-12 Repeat meas 5 twice.  
 13-14 Repeat meas 6 twice.  
 15-18 Repeat meas 7-10.

RITNI TRI

- 19-21 Repeat meas 5, 3 times.  
 22-24 Repeat meas 6, 3 times.  
 25-28 Repeat meas 7-10.

FIG. IV: SVIJ KOL-NO (heel and cross)

- 1 1 With straight R leg, strike R heel diag R.  
 2 Hold.  
 3 Bending R knee abruptly, cross R up in front of L leg.  
 2 1 Hop on L in place.  
 2 Small step R on R.  
 3 Step L across R  
 3 1 Step R back and L of where the L is now.  
 2 Step L next to R.  
 3 Step R across L  
 4-6 Repeat meas 1-3 with opp ftwk.

FIG. V: GREBNI (Scissors and Kick)

- 1-4 Repeat Cetiri Napred (4 fwd), Fig. II, meas 1-4.  
 5 1 Scuff R fwd and up high in front  
 2-3 Leap on R and scuff L up so that they pass in the air in front; when landing on R bend fwd and extend L leg straight fwd in front.  
 6 1 Slap L on ground fwd.  
 2 Hold.  
 3 Raise L off ground.  
 7 1 Slap L on ground fwd.  
 2 Hold.

*Cont*



- 3 Leap on L in place while bending diag fwd L from waist and bending R knee so that the R lower leg is extended out diag bkwd to R.
- 8 1-2 Hold.
- 3 Abruptly scuff R heel fwd out R in an arc, straighten body sharply.
- 9 1-2 Hop twice on L, bring R around in an arc.
- 3 Step R in back of L.
- 10 Repeat meas 9 with opp ftwk.
- 11-12 Repeat meas 9-10.

Steps are called by the leader of each line and need not be in any specific order.

Notes by Dick Crum

- 96 KOPCETO  
Pronunciation, correct to: Kope-cheh-toh  
Record used in class was: Balkan Arts MK 6 Gl, Side B, Band 7.  
Formation, line 1, change M-in-a-line to short lines  
Line 3, change to read: L arm over or "V" hold. Leader on either end (M on R end.....)
- 97 Fig. I, Vodi pronounced: Voh-dee  
Fig. II, calls pronunciation: Cheh-tree nah-pred, cheh-tree Nah-zahd  
Fig. III, calls pronunciation: reet-nee  
Meas 6, ct 3, change to read: Kick L down and fwd.  
Ritni Tri, add below meas 25-28: Meas 29-32, Repeat meas 5-8, Fig. II  
Fig. IV, calls pronunciation: Sva Koh-leh-noh  
correct spelling of call to: Svij Kolenoh  
Change meas 1 to 5; meas 2 to 6; meas 3 to 7; meas 4-6 to 8-10.  
Add above meas 5: Meas 1-4, Repeat meas 1-4 of Fig. II  
Add additional meas to bottom of Fig.: Meas 12-16, Repeat Fig. II, meas 5-8.  
Fig V, calls pronunciation: Greb-nu  
Meas 5, cts 2-3, line 1, change scuff to lift  
Meas 9, ct 3, add to end of line: slight reel