

KOTCHAEI

KOTSARI ('KOH-tchah-reeh)
(Pontos Greece)

Kotsari is one of the more popular dances of the people of Pontos. Pontians were Greeks who lived around the Black Sea area of Asia Minor until the late 1910's or early 1920's when they migrated to Greece - most of them settling in the Northeastern part of Greece (Macedonia-Thrace)

Music: Folkraft LP-6
Pontic Dance PD 1234
Panivar 5038
or any other Kotsari recording may be used.
They are all similar.

Formation: Line with hands on shoulder

Characteristic: The dance is fast with small springy steps, danced largely on the heels of the ft. "Kots" in Pontian means heels.

Meter: 2/4 Time

Dance starts at the beginning of any musical phrase with everyone facing center.

Means.	Counts	
I	1	Step on R ft to R
	2	Step on L ft next to or slightly behind R ft
II	1	Step on R ft to R
	2	Hop on R ft raising L knee slightly
III	1	Step on L ft to L
	and	Hop on L ft raising R knee slightly
	2	step on R heel in place
IV	1	Step on L heel in place
	2	Hop on L ft raising R knee fwd

Variation one:
Measure I-II travel to center
Measure III-IV repeat as in basic
Measure I-II travel backwards
Measure III-IV repeat as in basic

Variation Two:

I	1	Step R ft across in front of L facing 45° opp LOD
	2	Step L in place
II	1	Step R ft to R facing center (slight jump and extend L leg fwd about knee high)
	2	Stamp L ft in front bending R knee
III	1	Stamp L ft in front
	2	Stamp L ft in front

Continued...

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Means. Count

IV	1	Jump on both ft in place bending knees
	2	Hop L ft straighten L knee and raise R knee slightly

Variation Three:

I	1	Repeat as variation two above
II	1	Jump on both ft facing center-feet, slightly apart.
	2	Hold in place
III	1,2	Hold in place
IV	1,2	Repeat as variation two meas. IV

Presented by
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