

Kóthari

Greece (Pontos)

Kóthari is derived from the Pontic word "kotch" meaning heel, and refers to the keel striking against the floor. Kóthari was learned by Katina Savvidis in Athens while performing with the Dora Stratou Theater in 1973-1974.

Record: Folkraft LP-6 "Greek Folk Dances Vol. II,"

Formation: Circle or lines with shoulder hold, leader at R end.

Social Version:

- 1 Facing ctr, step swd R (ct 1), step L across in back of R (ct 2)
- 2 Step swd R (ct 1), hop R (ct 2)
- 3 Step in place L (ct 1), hop L (ct 2), step in place R (ct &)
- 4 Step in place L (ct 1), hop L (ct 2)

*meas 3 & 4 with heels*

Repeat from beginning.

Performance Variations:

I - Embrikes *fwd*

- 1-2 Run fwd or bwd on the first 3 cts (1,2,1)...

II - Alasha

- 1 Step R across in front of L, step L behind R *facing L*
- 2 Step R beside L, slap extended L ft heavily in front
- 3 Hold (cts 1,2) *ALASHA VARIATION IS TO SLAP TWICE MORE*
- 4 ~~Step~~ in place, hop L *(may do a tap on R heel on the step L)*

III - Son Topon *In Place*

- 1 Step R across in front of L, step L behind R *facing L*
- 2-3 Stamp both feet simultaneously (ct 1), hold perfectly still (cts 2, 1, 2)
- 4 Stamp both ft simultaneously (ct 1), hop L (ct 2)

IV - Son Mitin *on ball of ft*

Same as variation III, except that on ct 1 of meas 2, remain *facing L* land on balls of ft with heels raised and hold (R ft in back)

V - Son Kóth *on heels*

Same as variation III, except that on ct 1 of meas 2, land on heels with toes raised and hold.

(continued over)

VI - Aumkamerean

Same as variation III, except that all of the dancers drop into a kneeling pos on R knee with head down (ct 1), hold (cts 2,1,2)

Jump up to both ft (ct 1, hop L (ct 2)

VII - Son Gónaton

*to the knee*

Same as II

Step R in place (ct 1) hop on R, extend L to front (ct s)

Hop R, touch L heel to R knee (ct 1), Hop R, extend L leg to front.

VIII - Dósimon

Tuen body to L & stamp both feet on cts 1,2 of meas 1, & ct 1 of measure 2

Continue with Variation VII from measure 2, ct 2.

Taught by: Katina Savvidis

*Katina's choreog.:*  
10 Stamp (Ext.)  
3 Basic  
F.B.F.  
2.B  
15L-B  
35L-B  
1KN-B  
5TK-B  
STOP

(continued over)