KOZACHOK TRIO (A Ukrainian Dance for one boy and two girls)

SOURCE:

From a book of Ukrainian Dances from Madelynne Greene's Library, translated into English for Madelynne by Dick Crum. The Dance is originally described for only one trio. Slight changes of floor pattern had to be made to accommodate many trios dancing together. It is suggested that not more than eight trios dance in one circle.

RECORD:

Memories of Ukrainia - COL LP 202, Side B, Band 2.

STEPS:

Detailed description of steps will be found at the end of this dance description.

FORMATION:

To assure good spacing, the trios (with the boy in the middle and a girl on either side) will face the center of the circle. Boy's hands extended out to sides, girl at right side places her R hand in boy's R hand. L hand girl places her L hand in his L hand. Girls join their inside free hands in front and on top of boy's outstretched arms, just below his chest. Before the music begins, each trio will pivot around to face LOD, and try to maintain this space throughout FIG. I.

MUSIC	PATTERN
Measures	FIG. I (PAS DE BASQUES IN CIRCLE) (There is no introduction in the music, begin on first count.)
1-10	Using Movement No. 1 (Bihunets) - Long reaching pas de basques - and all beginning with the R ft, dance fwd in large circle 10 pas de basques.
11-16	Each tric turns L twd ctr wheeling and then pivoting around in a CCW direction to end on meas 16 in a single circle facing ctr.
1-7	FIG. II (PAS DE BASQUE TO CENTER) Using Movement No. 2 (Tynok Pas de Basque) dance 7 pas de basques steps twd ctr (arms held same as FIG. I).
8	On meas 8 boy stamps 3 times, turning both girls as follows: girls release the hands they were holding in front, and place them on hips; boy spins RH girl one full turn L, LH girl one full turn R. After the spin, boy releases girls hands, they put both hands on own hips. Boy simply places his hands at the back of their waists, and stands slightly bac! from them. (Note - In spin M pulls on girls outside hands, spinning them inward.)
1-7	FIG. III (BACK OUT OF CIRCLE WITH HEEL THRUSTS) Using Novement No. 3 (Alter. Heel Step) all thrust R heel fwd then L, etc. (14 in all). Dancers move bwd to their original position in the large single circle facing ctr.
8	All stamp 3 times (L R L).

1-8

FIG. IV (GIRLS SOLO - TOE-HEEL - TO CENTER)

Girls, using 8 meas of music, do Movement No. 4 (Kolupalochka w/stamps)

as follows: 1 meas "Kolupalochka", next meas stamps, etc., moving

fwd. RH girl does the "Kolupalochka" with L ft. LH girl does it

with R ft; their arms during this open out to sides; during the fwd

movement hands are on hips. Moving fwd, girls do the "Kolupalochka"

four times, and on meas 8 stamp 3 times. Hands on hips, boy, all

this time stands in place at outer circle, he may clap hands in time

to music.

9-16

Girls take hold of ends of the ribbons on their headdresses and move apart, begin on outside ft. Making a circular path with 7 meas of Bihunets" (long reaching pas de bas), they return to places. As the girls separate and move away from each other, boy moves fwd with Movement No. 5 (Simple Prysiadka), beginning with R ft. His arms extended out to sides, slightly below shoulder level. By the end of meas 15, all move twd ctr, and in meas 16 they finish the figure: RH girl spins in place (inward) and places he LH on boy's shoulder; LH girl turns in place (inward) and puts her RH on boy's L shoulder, boy holds them at their waists.

1-8

FIG. V (ALL SKIP BACKWARDS)
Using Movement No. 6 (Viryovochka - Skipping) dancers move bwd, beginning on R ft. At end of meas 8, all reach original places.

9-16

FIG. VI (GIRLS TO CENTER)
Girls move fwd. beginning with R ft with Bihuenets (ong reaching pas de bas). At the end of meas 16 they face each other and join hands. Boy remains at outer circle.

1-8

With hands joined, girls do pas de bas for 3 meas, beginning with R ft to the R. On meas 4 they do stamps. Repeat all this for meas 5-8.

9-16

Doing Viryovochka (skipping) girls move twd boy (facing ctr) where they change places. Girl who is at boy's R crosses in front of the other girl, hands on hips.

1-16

FIG. VII (BOYS SOLO - DUCKNALK - AND GIRLS MOVE TO SIDES)
Boy using Movement No. 7 (Mitelochka - Duck Walk) traces a complete
CCW circle and at the end of meas 16 is in the same position he was
at the beginning of this figure. While the boy is doing Movement
No. 7, girls move fwd, girls arms at sides, palms facing fwd, and then
to sides with the Prypadanie (push) step, stamping 3 times on meas 8.
During the remaining 8 meas, they re-trace their steps, ending up
where they started, using Prypadanie and 3 stamps as before. During
the Prypadanie, their arms are at sides, held slightly away from body;
during the stamps they place hands on hips. In meas 16, as they do
the three stamps, they give boy the same hands he held at the beginning of the dance, and join their free hands above his head, forming
an arch.

1-8

(KICK-OUTS TO CENTER, GIRLS FORMING ARCH)
All move fwd twd ctr. Girls do Bihunets (moving shead vigorously)
while the boy does the Prysiadka called Povzunets (kick outs-squat).
At the end of meas 8, the girl who is at the boy's L turns to face
him. Girls join their L H above the boy's head.

FIG. VII (Cont'd) (PRYSIADKA PIVOT)

9-16

Boy continues to do Povzunets. Girls, without releasing hands move CCW with Bihunets steps, completing a full circle. At the end of meas 16, all face the ctr, the boy a bit behind the girls, girls hands on their hips, boys hands down at sides.

1-8

Vsing Movement No. 8, Prypadanie (push step) girls cross, R girl in front, L and R during first 4 meas, and on the remaining 4, return to places. During the Prypadanie steps, their hands gradually move outward from body. At the end of measure 8, girls stamp 3 times and all join hands as at the beginning of the dance.

9-16

FIG IX (CIRCLE AND LEAVE L H GIRL)
Using Bihunets (reaching Pas de Bas) the trio moves to the L in a half circle twd ctr, ending on original line of circle. After 4 meas having reached the L side of circle, boy releases the LH girl. In the remaining 4 meas he continues moving around with only the RH girl. Their hands are crossed a bit below chest level. On meas 16, boy and RH girl raise their joined RH above their heads facing each other.

1.8

Boy and girl without releasing hands do Movement No. 9 Holubtsi With Stamps, (heel Clicks) 4 times, changing places every 2 meas. On 1 meas of music, they do 2 Holubtsi and stamps on the next. On meas 8, they are in own places and release hands. LH girl dances (leap,run,run) to the point of triangle - out of circle.

9-16

LH girl moves diagonally with Movement No. 9, Holubtsi with Stamps, beginning with R ft. When she does the Holubtsi, her arms move out to sides, and when she stamps, they are placed on her hips. The boy and girl, meantime, separate to respective sides with ordinary steps, leap, run, run.

1-8

The girl at L, moves across to L with Prypadanie steps (push steps) facing ctr. (ft in 3rd pos., L in front). Boy goes to ctr (Leap, run, run) of triangle.

9-16

FIG. X (BOYS SOLO - COFFEE GRINDER)

Boy at ctr stage does Movement No. 10 Pidsichka (Coffee Grinder) 8

times. Girls on either side move twd ctr and go about the boy with

Bihunets steps. At end of meas 16, boy rises, and the girls are on

either side of him. Girl at R gives him her L H, and girl on L

gives him her R H. With free hands, girls hold ends of their

ribbons.

1-8

FIG. XI (TRIO FORMATION WITH INSIDE HANDS)
Doing Bihunets, all move in circle as in FIG. I, but ending facing out of circle (all have backs to ctr of circle).
Holding smae hands, boy moves fwd with Mcvement No. 11 (Povzunets).
Girls move backwards, doing Viryovochka (Skipping bwd). All move quickly off dancing area, and the dance ends.

9-16