

Part 3

Girls in each line move toward each other with 1 waltz step and back away from each other with 1 waltz step, then cross over to opposite M who places his L hand around her waist. Girls R hand is on his shoulder, free hands on hips. Together they turn around in place to the L for 4 measures of music. Repeat this part again, returning to partner, and two lines join hands and form a circle. (Entire figure takes 16 measures)

Part 4

Men form a circle on outside, Girls form circle on inside. Men move to their R, Girls to their L, with 8 waltz steps, with a little skip at the end of each step (Same as part 2). Reverse directions for 8 more waltz-skips, ending up by partner. Immediately form a basket, M's hands joined in front, W's joined hands in back of men.

Part 5

In basket formation group moves to the R with 8 waltz-skip steps, then breaks formation, each couple turns in place, as in Part 2, for 8 more measures - 16 measures in all.

Part 6

Hands are joined in a circle, group moves toward center and back with 2 waltz steps (one going in and one going out). Partner on M's left is then brought over to his R with 2 waltz steps, join hands again, move in and out of center and bring girl on M's L over to his R side. Continue this figure 2 more times, 4 times in all, a total of 16 measures being used to finish this figure and the dance.

SUPPLEMENT The above steps and figures represent only a very small number of the steps used in this type of dance. The waltz steps WITHOUT THE SKIP, should be performed in time to the music. When adding the skip, they are performed a little more quickly. The enjoyment is heightened when a group of dancers can work together, watching their spacing and keeping time all together.

KOZAK TANETS

Side 2, Band 4 UKRAINIAN COSSACK DANCE

This is an arrangement of traditional Ukrainian dance steps to fit this music. It was checked and approved by Ukrainian Dancers, Folklore specialists, and Ukrainian Dance teachers. It tells of a story of the women of a small village who are dismayed because their men are off fighting in a war. Suddenly the men return, victorious in their battles, and a victory dance and celebration ensues. There are 2 parts to this dance - slow and fast - the slow part being danced by women only, the fast part by both men and women.

FORMATION - Anywhere from 8 to 14 couples may participate. For the sake of uniformity, W start on R ft, M on L ft.

Slow Part

1. 24 measures. Women enter dance area in single file with 3 slow steps and a point with free foot. (R,L,R,point L) etc. Hands are held alongside of body and mood is sullen. They form a circle, move around, and end by standing in a single line near the place they entered. By watching your spacing between dancers, you can easily time your entrance and finish in the same place.

Fast Part

2. 8 measures. While W do 8 two-steps in place M enter and come alongside their partners, watching spacing and timing. Immediately partners join inside hands (M's R, W's L), M's free hand outstretched, W's free hand across her chest near her neck. Both M and W start with R foot.

3. 8 measures. In this position couples run around the dance area in a circle using a running two-step.

8 measures. Both on same foot for this figure. All leap to the R sidewise on the R ft, touch L in front of R, taking weight, step R in place. (1 meas) Continue doing same with L ft and alternating R and L.

4. 8 measures. Charge fwd on R ft, displace R with L and immediately step R,L,R, in place, (1 measure). Charge fwd on L, displace L with R ft and do 3 quick steps in place, (L,R,L).

8 measures. Side-stepping, partners face each other, hold R hands, L hands on hips, move in a clockwise direction. M start with R, W with L. M step to side with R and tap L foot next to R (no weight). Continue this in LOD, 2 side steps per measure of music.

5. 8 measures. Repeat running step as in 3a.

8 measures. Man places R arm around partner's waist and holds her L with his L. Her L arm is outstretched across his body, her R on her hip. In this position turn around in place, M swinging partners forward and around. (Step is a balance type, slight leap in place with one foot, two more quick steps in place, R & L, etc.)

6. 8 measures. Repeat running step as in 3a. 8 measures. Man faces partner, both have hands on hips. Hop L ft and place R toe beside L heel. Hop again on L, place R heel beside L toe, (1 meas). Leap on R ft and place L toe beside R heel, hop again on R and place L heel beside R toe (1 meas). Continue this step for 6 more measures.

7. 8 measures. Repeat running step as in 3a.

8 measures. Partners separate, M facing W with back to center. While W whirl around in place to their L, M will perform Squat steps vigorously with hands folded in front of chest and held high. (Squat step is to jump to a deep knee bend, balance weight on one foot and extend the other out. Each squat step takes one measure of music.)



Performing the Squat step requires considerable practice, but the more you practice the easier it is to do. Women NEVER do this step - it is a show-off step for the men.

The two steps described in this dance are really a form of polka step, but because of the tempo of the music, dancers and teachers will recognize a two-step more easily and will learn the dance much faster by using the two-step terminology.

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