

KREUZ POLKA

(Germany)

Kreuz (Kroits) Polka was introduced by Morrie Gelman at the 1962 Santa Barbara Folk Dance Conference. There are a variety of dances called Kreuz Polka done in Germany, Austria and Switzerland. This dance was collected by Sid Gottlieb in Germany.

MUSIC: Record: Folk Dancer MH 2015

FORMATION: Cpls facing LOD, W to R of man, cross joined hands R over L.

STEPS AND STYLING: Walk\*  
Pivot\*  
Two-Step\*

\*Described in Volumes of Folk Dances from Near and Far,  
published by Folk Dance Federation of California, Inc.  
150 Powell St., San Francisco, California.

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MUSIC 2/4

PATTERN

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Measures

INTRODUCTION

1-2

I. Hand pos as in formation. M starting L, W R, walk 3 steps in LOD (cts 1, 2; 1). M cross R over L touching floor. W cross L over R touching floor (ct 2).

3-4

Without dropping hands, ptrs turn twd each other 1/2 to face RLCD. M starting R, W L, walk 3 steps in RLCD (cts 1, 2; 1). M cross L over R touching floor. W cross R over L touching floor (ct 2)

5-6

Without dropping hands, ptrs face each other. M steps to L on L-W to R on R (ct 1). M cross R over L touching floor. W cross L over R touching floor (ct 2). Reverse using opposite footwork (cts 1, 2).

7-8

Cpls face LCD dropping L hands. M walk 4 steps in LCD. W turn twice with 4 steps under joined right hands (cts 1, 2; 1, 2).

## Measures

1-8 Repeat action of measures 1-8.

## Repeated

1-2 II. Hands on own hips. M face in, W out, repeat action Figure I, measures 1-2.

3-4 Ptrs face twd each other. Repeat action Figure I, measures 3-4.

5-6 In closed pos\*, Repeat action of Figure I, measures 5-6.

7-8 Cpls dance 4 pivot steps in LOD.

1-8 Repeat action of measures 1-8.

## Repeated

1-2 III. Cpls facing LOD inside hands joined, M start L, W R, dance 1 two-step in LOD (cts 1, 2). M cross R over L touching floor. W cross L over R touching floor (ct 1). M step on R beside L. W step on L beside R (ct 2).

3-4 Ptrs drop hands and turn twd each other 1/2 to face RLOD. M starting L, W R, dance 1 two-step in RLOD (ct 1, 2). This time M touch R beside L, W touch R beside L (ct 1). M cross R over L, taking wt. W cross L over R, taking wt. (ct 2). (Measure 4 is the reverse of measure 2).

5-8 In closed pos, cpls dance 4 turning two-steps in LOD.

1-8 Repeat action of measures 1-8.

## Repeated

Repeat entire dance from beginning.

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