

Kritiko Pantozallis

(Greece)

The title means "five dizzy steps" though now there are many more than that. Believed to be a variant of an ancient Minoan dance, Pantozallis is popular with Greek dancers the world over. Learned by Bill Aspros from Athan Karras.

Record: Panhellenion Side 2, band 8. 7/8 meter. SQQ or 1-2-3

Formation: Mixed lines - shoulder hold. Leader calls variations.

Style: Bent knees and on balls of feet but not as bouncy as some other Cretan dances.

Basic Step

- 1 Hold (ct 1-2). Bounce on L, slightly fwd (ct 3).
- 2 Kick R ft front (ct 1-2). Switch feet, standing on R, L ft kicking fwd (ct 3).
- 3 Step L to L (ct 1). Step R slightly behind L (ct 2). Step L to L (ct 3).
- 4 Reverse action of measure 3 (R, L, R).
- 5 Kick L ft front (ct 1-2).

This pattern can be shortened to: bounce-kick, switch, 1-2-3, 1-2-3, kick, etc.