

SYRTÓS — Panhellenic

Συρτός

(Line dance, no partners)

Note: A syrtós (from sýro, σύρω, to pull or more exactly to lead) is a category of dance in which feet remain close to the ground, without leaps, in contrast to a pidikhtós, πιδικητός (leaping dance). The syrtós is the most traditional of all the folk dances of Greece. Each region and especially each of the islands, has its own particular style of dancing its syrtós. Some have unique and individual steps. For examples see Kalamatianós, and the following:

SYRTÓS HANIÓTIKOS — Crete

Συρτός Χανιώτικος

(Line dance, no partners)

Translation: Syrtós from the city of Haniá.

Starting Position: "W" position. Left foot free.

Rhythm: 2/4



Measure

VARIATION Ia — Basic

- 1 ♪ TOUCH ball of LEFT foot slightly FORWARD, bending right knee slightly (count 1),
 ♪ STRAIGHTEN right KNEE (count and),
 ♪ STEP on LEFT foot just in BACK of right (count 2),
 ♪ Turning to face slightly right, CLOSE AND STEP on RIGHT foot beside left (count and).
- 2 ♪ Facing slightly and moving right, STEP FORWARD on LEFT foot (count 1),
 ♪ Turning to face center, STEP SIDEWARD RIGHT on right foot (count 2),
 ♪ Turning to face slightly left, CLOSE AND STEP on LEFT foot beside right (count and),
- 3 ♪ Facing slightly and moving left, STEP FORWARD on RIGHT foot (count 1),
 ♪ BEND LEFT KNEE to raise left foot up slightly in back of right leg (count and),
 ♪ STEP-CLOSE* (left) BACKWARD (counts 2-and).
- 4 ♪ STEP BACKWARD on LEFT foot turning to face center (count 1),
 ♪ CLOSE AND TOUCH ball of RIGHT foot beside left (count 2),
 ♪ STEP on RIGHT foot IN PLACE, bending both knees slightly but sharply and swinging left foot slightly forward (count and).

VARIATION Ib — Basic with hop

As Ia except hop on count "and" after count 1 of measures 2, 3, and sometimes 4.

VARIATION Ic — Basic delayed

As Ia above except, during measures 2 and 3: TOUCH ball of foot slightly FORWARD (count 1), SLIDE foot forward (count and).

VARIATION Id — Forward and back

- 1 ♪ TOUCH ball of LEFT foot slightly FORWARD, bending right knee slightly (count 1), STRAIGHTEN right knee (count and).
 ♪ Turning to face slightly left, TWO WALKING STEPS (left, right) BACKWARD (counts 2-and).
- 2 ♪ Continuing, STEP-HOP* (left) BACKWARD, turning to face center on the hop (counts 1-and),
 ♪ Facing center, TWO WALKING STEPS (right, left) FORWARD (counts 2-and).
- 3 ♪ STEP-HOP (right) FORWARD, bending left knee to swing foot up in back (counts 1-and),
 ♪ STEP-CLOSE (left) BACKWARD (counts 2-and).
- 4 ♪ STEP BACKWARD on LEFT foot (count 1), PAUSE (count and),
 ♪ CLOSE AND TOUCH ball of RIGHT foot beside left (count 2),
 ♪ STEP on RIGHT foot IN PLACE, bending both knees slightly but sharply and swinging left foot slightly forward (count and).