

Krossadans med tre (Norway)

Krossadans med tre (KROH-sah-dahns may-uh TREY) means "Crossing dance with three." It is one of a series of "crossing" dances from Brekke in the Sogn region collected by Klara Semb in the 1920s. The Krossadans med seks (six) has been published in the December 1985 issue of *Let's Dance*. The Krossadans med ni (nine) follows this description for three. The dances for three and nine were presented by Alix Cordray at the 1995 University of the Pacific Folk Dance Camp in Stockton. The source is Klara Semb, *Norske Folkedanser, Turdansar*, Oslo 1991. ISBN 82-521-3657-5.

CASSETTE: Norwegian Dances, Stockton '95 Side A/3.

2/4 and 3/4 meter

RHYTHM: The music for Krossadans med tre and ni is identical. Melody A is 4 meas of 2/4 meter and repeated; Melody B is 3 meas of 2/4 meter followed by 5 meas of 3/4 meter (adds up to 20 cts plus a hold). Krossadans med seks requires a repeat of Melody B and therefore its music cannot be used for the other two dances.

FORMATION: Three people, (trio), 1 M and 2W (or 1W and 2 M) in a circle at random about the dance area. Join hands in W-pos. Each trio is alone and has no relationship with others.

STEPS and WALK*: run*.

STYLING: The walks and runs should be light, landing on the ball of the ft. Each takes one ct of music. Walk by placing the ball of the ft first with a cat-like quality producing a strong down-up movement.

Ftwk same for M and W.

* Described in *Steps & Styling*, published by the Folk Dance Federation of California, Inc.

Measures	2/4, 3/4 meter	PATTERN
<hr/>		
2 meas	<u>INTRODUCTION</u> No action	
	I. <u>CIRCLE: REEL OF THREE</u>	
A 1-4	Beg L, walk 8 steps to the L (CW). On 8th step, pivot 1/2 CW to change direction.	
5-8	Beg L, walk 8 steps to the R (CCW).	
B 9-16	Release hands and end in a line with the M in the center facing one of the W (which we will call W1). W2 face the other two dancers. Dance a L shldr Reel of Three: Beg L, run 19 small running steps and close R beside L on ct 20. All 3 dancers are active and describe on the floor the pattern of a figure of eight consisting of two loops, one loop made CCW and the other CW. All 3 dancers go around the figure of eight in the same direction as in "follow the leader". The M, curving CCW, pass L shldr with W1 who also curves CCW, while W2 curves CW. W1 cut through the ctr before W2. Continue the Reel of Three following in the foot steps of the dancer in front. The number of steps for each part depends upon the length of your step. Usually once through is sufficient, but 1 1/2 times is OK. (See diagram 1)	

II. CIRCLE: ARCHES

- A 1-8 Repeat Fig I, meas 1-8.
- B 9-16 The 2 W release hands and M and RW raise joined hands to make an arch. Using small running steps, LW dance fwd CW under the arch, around the M and back to place. M follow under his R arm. Briefly join hands in a circle and then W release hands. RW dances fwd CCW under arch formed by M and LW. M follow under his L arm. Briefly join hands in a circle and then M and RW release hands. M dance fwd CCW under the arch formed by the 2 W. LW follow under her L arm. Join hands in a circle. These 3 arch movements are made using 6-7 counts per arch.

III. CIRCLE: ELBOW TURNS

- A 1-8 Repeat Fig I, meas 1-8.
- B 9-16 With small running steps beg L, M join R elbows with RW and dance once around CW. M join L elbows with LW, and dance once around CCW. Repeat once more with both W. Each elbow turn takes about 5 counts.

IV. CIRCLE: SHOULDER HOLD

- A 1-8 Join in shldr hold* (T-pos) and beg L, walk 16 steps to L (CW)
- B 9-16 On meas 9, ct 1, jump with a stamp onto both ft. Beg R, use the small running steps to run R (CCW). You may stop 2-3 cts earlier to end facing ctr with wt on both ft. With palms together, arms fairly straight and overhead, make a bow by bending from the waist. You may also clap as you bring your hands together.