

KROUMOVO HORO

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YAMBOL REGION, THRACE, BULGARIA

SOURCE: STRANDZHA FOLKLORE ENSEMBLE OF BURGAS, THRACE.

RECORD: "XOPO" #5

MUSIC: 6/8, FAST DRAVO TIME. *divided into two major dancers
beats counted here as 1, 2:
(123, 223).*

FORMATION: LINES WITH BELT HOLD.

MEAS. FIGURE I.

- 1 FACING CTR., STEP 3DWD. R. ON R FT. (CT. 1), STEP BEHIND R FT. ON L FT. (CT. 2).
- 2-3 REPEAT MEAS. #1, TWICE.
- 4 STEP DIAG. FWD. R ON R FT. (CT. 1), STEP DIAG. FWD. R ON L FT. (CT. 2).
- 5 JUMP ON BOTH FEET ^{facing diag L} WITH R FT. DIAG. FWD R OF L FT. (CT. 1), HOP ON R FT. ^{facing diag R} WHILE LIFTING L FT. IN PLC. (CT. 2).
- 6 STEP ON L FT. SLIGHTLY ^{facing ctr} TWD. R LOD (CT. 1), HOP ON L FT. WHILE LIFTING R FT. ^{across in front of L} IN PLC. ^{at ankle} (CT. 2).
- 7 FACING CTR., STEP ON R FT. 3DWD. R (CT. 1), HOP ON R FT. WHILE LIFTING L ACROSS R LEG (CT. 2).
- 8-10 REPEAT ACTION OF MEAS. #1-3 WITH OPPOSITE FTWRK AND DIRECTION.
- 11 REPEAT ACTION OF MEAS. #7 WITH OPP. FTWRK AND DIR.

Continued...

MEAS.FIGURE I.

- 12 STEP BKWD ON R FT. (CT. 1), HOP ON R FT.
WHILE LIFTING L FT. SLIGHTLY FWD. (CT. 2).
- 13 STEP BKWD ON L FT. (CT. 1), HOP ON L FT.
WHILE LIFTING R FT. SLIGHTLY FWD. (CT. 2).
- 14 STAMP R FT. DIAG. FWD. ^{to L} (CT. 1), ~~BRING~~ ^{step} L FT.
NEXT TO R FT. (CT. 2)
- 15 STEP ON R FT. ^{across in front of L} DIAG. FWD. R (CT. 1), HOP ON R FT. ^{turning to face diag 2}
WHILE LIFTING L FT. IN PLC. ^{at R ankle} (CT. 2).
- 16 STEP ON L FT. ^{across in front of R} DIAG. FWD. R (CT. 1), HOP ON L FT.
WHILE LIFTING R FT. IN PLC. ^{at L ankle} (CT. 2).

MEAS.FIGURE II.

- 1-6 REPEAT MEAS. # 1-6 OF FIGURE I.
- 7 REPLACE FIGURE I, MEAS. # 7 WITH ONE
'TROPOLENE' STEP. (ALSO CALLED 'BASIC ESTOTO STEP')
- 8-10 REPEAT MEAS. # 8-10 OF FIGURE I.
- 11 REPLACE MEAS. # 11, FIGURE I WITH ONE
'TROPOLENE' STEP.
- 12-13 REPEAT MEAS. # 12-13 OF FIGURE I.
- 14 STAMP R FT. DIAG. FWD. R (CT. 1), BRING L FT.
NEXT TO R FT. ^(CT. 2) ~~BRING~~ SCUFF R FT. FWD IMMED.
~~BRING~~ (CT. 2).
- 15 STAMP R FT. DIAG. FWD. R (CT. 1), HOP ON R FT.
WHILE LIFTING L FT. IN PLC. ^{at R ankle} (CT. 2).
- 16 REPEAT MEAS. # 16, FIGURE I.

Continued...

marcus Holt

Part of a Men's Ćestoto Horo

Some villagers do only this dance

24 pc orch on this Recording

Radio Ensemble of Sophia

is not the same as in village but is, nevertheless,
authentic.

Note "TROPOLENS STEP" IS MEN'S STEP -

w. would ONLY DO 3 ϕ STEPS ^(1,2,3) & PAUSE (4)
~~3 STEPS & PAUSE (4)~~

IT IS DONE IN 4 BEAT RHYTHM AS IN 2/4

- (R) STEP R IN PLACE (ct1), step up onto ball of L (ct2)
step R in place (ct3), stamp L heel next to
R without wt (ct4)