

Meas

KUJAWIAK WESELNY OD OSIECINA (Kujawiak with Oberek)

Record: Za Gorami, Za Dolinami, BR loco Side 1, band 7
Formation: Cpls in circle, facing LOD, M inside, M W hds on hips, elbows fwd. This slow kujawiak has a fast chorus, an oberek.

Meas	Pattern
	PART I: DIAMOND
	Progress in a diamond pattern along LOD. Movements are
76 B4	stately.
1	Away from ptr, M(W opp) step L,R,L.
2	Close R , hold, click heels
3-4	Same as 1 twd nex charties a
5-8	Same as 1, twd ptr , starting R ft. , then meas 2. Repeat meas 1-4
9-10	Facing ptr, walk in a CW circle, reach with R arm as if
	The second off a knin, do not touch a be and
	of brade. Bearting with outside it, cont with walk 2 2
11-12	crose, mord, crick.
13-16	Repeat meas 9-10
13-10	Repeat meas 9-12 but now hold around waist & raise L arms until hds join over head & form arch.
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	CHORUS: Oberek shoulder-waist pos. M facing LOD, bend slightly at waist.
1-4	Four basic oberek steps in LOD, begin MR, WL, bent fwd
5	Straighten, step K(Ct 1). Hold(ct 2) Hop P(ct 3) making
6	5/4 of % or % turn CW. Heels click naturally
7-8	Repeat meas 5 on opp ft, cont to turn CW
9-16	Repeat meas 5-6
17-24	Repeat meas 1-8
1/-24	Open Mazur pos, W's L hd under M's R arm, with palm up &
	thumb bk, free arms rounded, hds joined. Eight basic
	obelek steps, starting inside ft.
	VARIATION I.
	Meas 23: M stp on R ct 1. Release hd hold, Kick L leg high
	a reap nigh into air. Stay there as long as possible
	Land on L it, et 3.
	Bend over & slap floor on ct 1 of meas 24. W does 1 oberek
	step skwd, then comes to a firm halt.
	VARIATION II:
	Meas 23: M step in front of ptr on R ft(cs 1). Jump
	straight up, join knees, and bring up under you. Land on
	L It & R Knee.





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	PART II:	
	Facing LOD take skating pos R arms over.	
1-2	M(W OPP) click R ft, step on it to R, cross L in front	c.
	do one Mazur step in place. W passes in front of M with	
	arms up, pass to his L & into skating pos with L arms or	
2 4		ver.
3-4	Reverse directions & ft to return to orig pos.	
5-8	In 12 steps, W completely circles M, without letting go	
	of hands, and does CCW turn in place to orig pos. M does	s 12
	steps in place without changing pos at all, & follows	
	ptr with eyes.	
9-16	Repeat meas 1-8	
	· Chair	
1-24	CHORUS	
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	PART III:	
	Facing ptr. M with bk to ctr. Separate	
1	M & W alike. Hop back on R ft extending L leg straight	
1	bk: arms reach twd ptr & hds rotate to bring palms up.	
ma a seigi		
_	(ct 1). Step bk onto L(ct 2), close R ft to L(ct 3)	
2	Repeat meas 1	
3	Repeat meas 1 cts 1&2. Step fwd on R ft(ct 3).	
4	Walk twd ptr. Bring arms up around & put hds on hips.	4
	Step L(ct 1), R (ct 2), close L, but place no wt on it(ct 3)
5-8	Repeat meas 1-4	
9-16	Repeat meas 9-16 of Part I	
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1-24	CHORUS: This time on leap, land on L ft, & in same	
	motion set down on R knee, & pose.	
R du proget -	Notes: Morley Leyton	

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