

Kuma Echa - Israel

Couple Dance, arms in V-Position. Meter 4/4

Measure Count Step

Part I

- | | | |
|-----|-----|--|
| 1 | 1-4 | (<i>Schottische step</i>) Facing center, run forward on R foot (1), run forward on L foot (2), run forward on R foot (3), hop on R foot (4). |
| 2 | | Repeat measure 1 going backward with opposite footwork. |
| 3 | 1-4 | Cross R foot over L foot (1), step on L foot to L (2), cross R foot behind L foot (3), step on L foot to L (4). |
| 4 | | Repeat measure 3. |
| 5-8 | | Repeat measures 1-4. |

Part II

- | | | |
|-----|-----|---|
| 1 | 1-2 | Facing to R, run forward on R foot (1), run forward on L foot and pivot to L to face L (2). |
| | 3-4 | run backwards on R foot (3), run backwards on L foot and pivot to R to face R (4). |
| 2-4 | | Repeat measure 1 three times. At end, turn to face center. |

Part III

- | | | |
|-----|-----|--|
| 1 | 1-4 | Run into center with four steps, starting on R foot. |
| 2 | 1-4 | Step heavily on R foot in front of L foot, taking weight (1), step back slightly on L foot (2), step on R foot to R and slightly back of L foot (3), step back slightly on L foot (4). |
| 3-4 | | Repeat measure 2 twice. |

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