

A-129

KUTZOVASHKO (MAKEDONSKO ORO)*

Noted by Anatol Joukowsky in Mt. Karadjitza, Macedonian Highlands, 1936. The dance is from the Macedonian tribe, Karakatchani, of nomad shepherds. As these shepherds originally lived in Roumania, the character of the dance is Roumanian.

MUSIC: Record: "Kutzovashko Oro", Sperry, E3 KB 6114

FORMATION: For as many as wish to dance: a line of M, hands joined at shoulder height, elbows bent; facing a line of W, hands joined at sides. Note: There may be extra M at R end of M's line, or extra W at L end of W's line. Lines should start at least six feet apart.

- STEPS:
1. ACTIVE: $4/8$ and $6/8$ time -- 10 cts.
Meas. 1 ($4/8$, 4 cts.)-- step R ft to R (ct. 1); hop on R ft as L ft, L knee bent, is brought across in front of R ft (ct. 2); step on L ft, crossed in front of R ft (ct. 3); bend L knee, holding R ft off floor (ct. 4).
Meas. 2 ($6/8$, 6 cts.)-- five small steps backwards, R,L,R,L,R; hold, wt. on R ft.
Repeat these two meas. (10 cts.) to L, starting: step L ft to L (ct. 1); etc. Repeat these 4 meas. (20 cts.)
 2. PASSIVE: $4/8$ and $6/8$ time -- 10 cts.
Meas. 1 ($4/8$, 4 cts.)-- step R ft to R (ct. 1); bend R knee (ct. 2); step L ft across in back of R ft (ct. 3); bend both knees, keeping wt. on L ft (ct. 4).
Meas. 2 ($6/8$, 6 cts.)-- step R ft to R; step L ft next to R ft; step R ft to R; step L ft next to R ft; step R ft to R; bend R knee, keeping wt. on R ft. Repeat these two meas. (10 cts.) to L, starting: step L ft to L, etc. Repeat these 4 meas. (20 cts.)
 3. CROSS-STEP-HOP-STEP: $4/8$ time -- 4 cts.
Step R ft across in front of L ft (ct. 1); step L ft in place, lifting R ft, knee bent (ct. 2); hop on L ft (ct. 3); step R ft to R (ct. 4). Repeat these 4 cts. starting: step L ft across in front of R ft (ct. 1); etc.
 4. PROGRESSIVE STEP (sideward run): $4/8$ time. Moving CCW around room.
M's step: step R ft across in front of L ft (ct. 1); step L ft to L (ct. 2); repeat action cts. 1-2 (cts. 3-4); repeat run as dance requires.
W's step: Step R ft to R (ct. 1); step L ft across behind R ft (ct. 2); repeat action cts. 1-2 (cts. 3-4); repeat run as dance requires.

* This dance was taught by Anatol Joukowsky at the Folk Dance Federation-South's Institute held in Santa Monica, California, January 29 and 30, 1955.

MUSIC

PATTERN

Measures

- A. (4/8 & 6/8 time)
1-8
- I. M's hands joined at shoulder level as in FORMATION. W's hands joined at sides as in FORMATION. M perform ACTIVE step 4 times: R, 10 cts; L 10 cts; R 10 cts; L 10 cts; at same time the W perform PASSIVE step 4 times: R 10 cts; L 10 cts; R 10 cts; L 10 cts.
- extra cts.
1 & 2
- M lower joined hands; W raise joined hands, elbows bent.
- 1-8 II. M perform PASSIVE step 4 times, R,L,R,L (40 cts); while the W perform ACTIVE step 4 times, R,L,R,L (40 cts).
- 1-8 III. Hands held as in Pattern II; M perform ACTIVE step 4 times, R,L,R,L (40 cts); while W perform PASSIVE step 4 times, R,L,R,L
- extra cts.
1 & 2
- M raise joined hands, elbows bent; W lower joined hands.
- 1-8 IV. WOMEN'S TURN
M perform PASSIVE step 4 times, R,L,R,L (40 cts), while W perform ACTIVE step with variation as described: W step R ft to R (ct. 1); hop on R ft as L ft, L knee bent, is brought across in front of R ft (ct. 2); step on L ft, crossed in front of R ft (ct. 3); bend L knee, holding R ft off floor (ct. 4); with hands outstretched, turn CW in individual circle, one complete turn with 5 small steps (R,L,R,L,R); hold wt. on R ft and rejoin hands (ct. 10). Repeat the action of these 10 cts. starting to L (10 cts.); repeat all (20 cts.)
- extra cts.
1 & 2
- M lower joined hands; W raise joined hands, elbows bent.
- 1-8 V. MEN'S TURN
M perform ACTIVE step with variation, as described for W, Fig. IV (40 cts.); while W perform PASSIVE step 4 times, R,L,R,L.
- 1-8 VI. M & W ACTIVE WITH M's VARIATION
M perform ACTIVE step with variation as described: M step R ft to R (ct. 1); hop on R ft as L ft, L knee bent, is brought across in front of R ft (ct. 2); step on L ft, crossed in front of R ft (ct. 3); bend L knee, and at same time, tap R toe behind L ft (ct. 4); step 5 small steps backwards, R,L,R,L,R;

MUSIC

PATTERN

Measures

(cts. 5,6,7,8,9); hold, wt. on R ft (ct. 10).
Repeat action of these 10 cts to L (10 cts.)
Repeat all 20 cts. W perform ACTIVE step, without
any variation 4 times, R,L,R,L.

extra cts.
1-10

M's and W's lines move twd each other with 10 small
running steps. On 10th ct, M join R hand with R hand
of opposite W; join L hand with L hand of next W. M
at L end of M's line places his L hand on hip. This
position of hands is kept throughout remainder of dance.

B. (4/8
time)
1-8

VII. CROSS-STEP-HOP-STEP. 4/8 time. M and W both perform
Step No. 3, both starting step R ft across L,
alternating step pattern, R,L,R,L,R,L,R,L 8 times
in all (32 cts.)

1-9 VIII. PROGRESSION (sideward run) 4/8 time.
Both M and W perform Step No. 4, moving joined lines
CCW around room (36 cts.)

1-8 IX. CROSS-STEP-HOP-STEP
Repeat action of Fig. VII (32 cts.)

1-6 X. PROGRESSION (sideward run)
Perform Step No. 4, moving joined lines CCW around
room (24 cts.)

1-8 XI. CROSS-STEP-HOP-STEP
Repeat action Fig. VII (32 cts.)

1-7 XII. PROGRESSION (sideward run)
Perform Step No. 4, moving joined lines CCW around
room (28 cts.)

FINISH

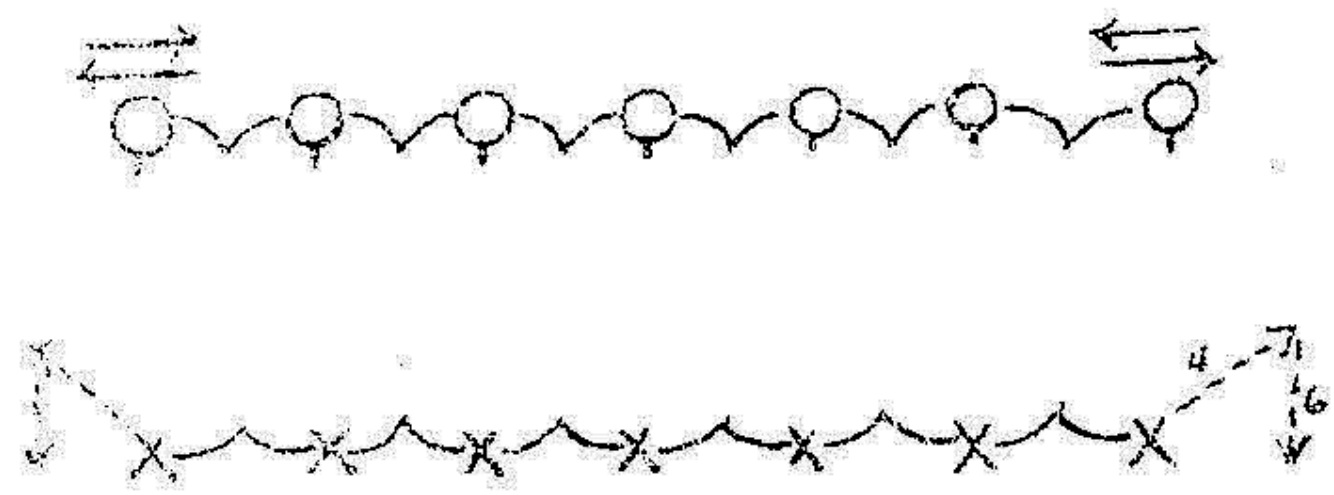
2 chords

Bow, first to R person, then to L person.

STRETCHING EXERCISES

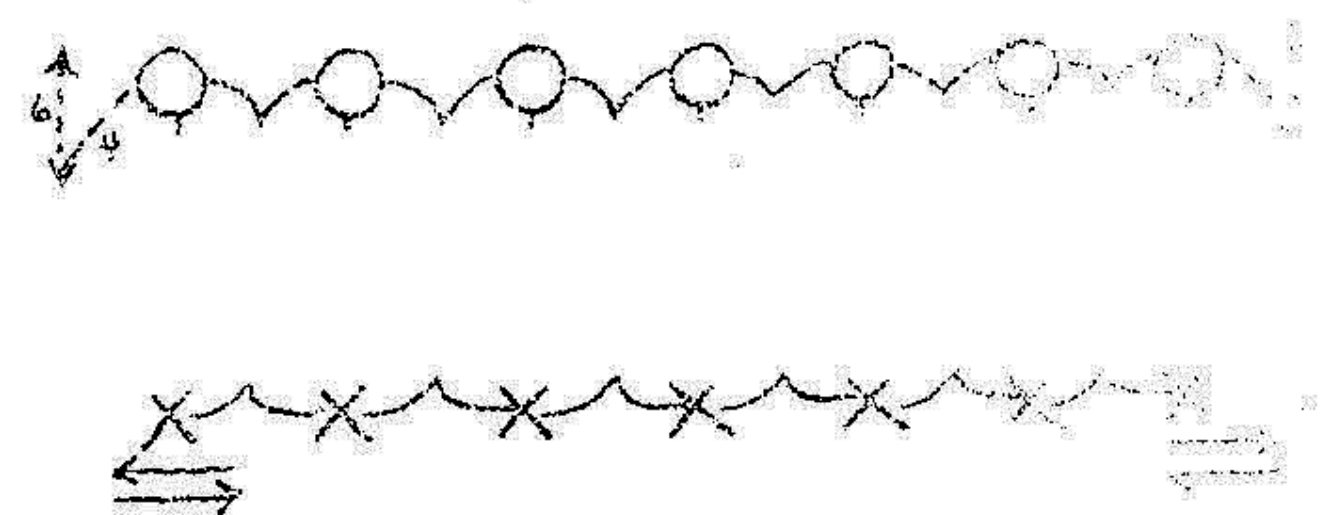
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#1 (8 meas. Cts. 1-40)
 W - Passive Step



M - Active Step

#2 (Cts. 1&2, 8 meas. Cts. 1-40)
 W - Active Step

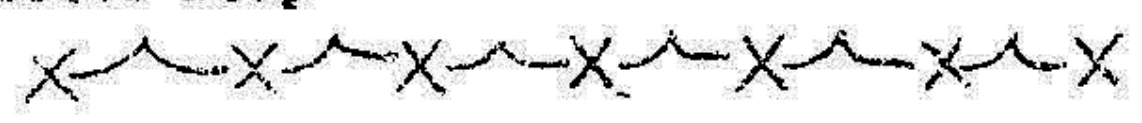


M - Passive Step

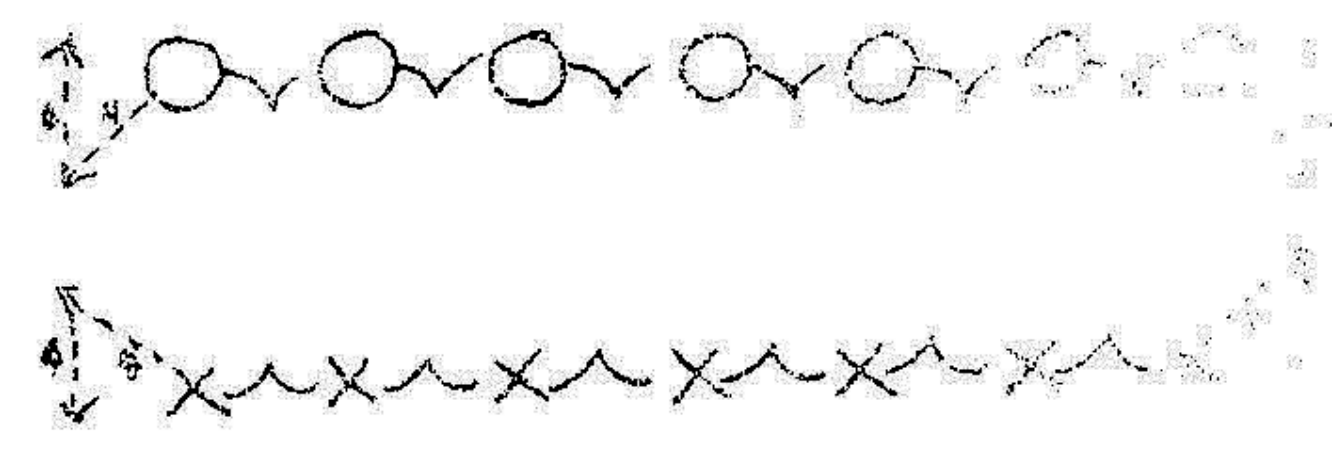
#3 (Cts. 1&2, 8 meas. Cts. 1-40)
 W - Active Step with small circle



M - Passive Step

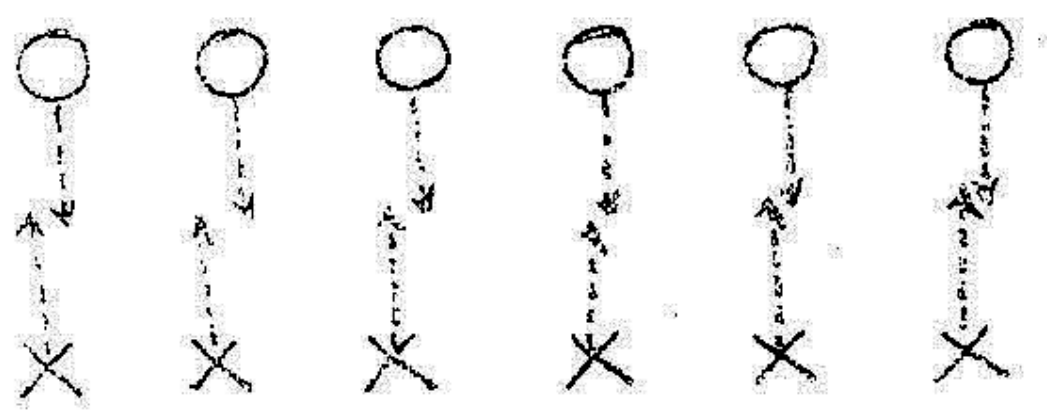


#6 (8 meas. Cts. 1-40)
 Both M & W - Active Step



#5 - M - Active Step
 W - Passive Step

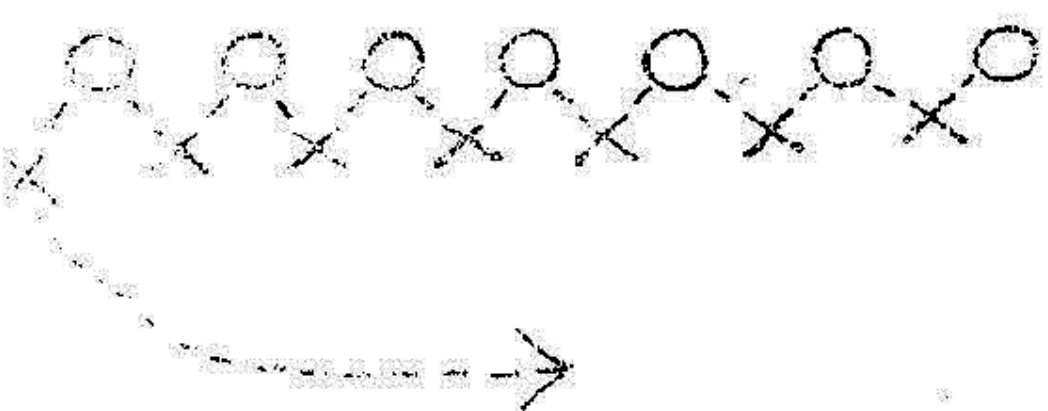
#7A (Cts. 1-10)



#7B (Cts. 1-10)



#8 (Cts. 1-36)



#9 Same as 7B

#10 Same as 8 (except Cts. 1-36)

#11 Same as 7B

#12 Same as 8 (except Cts. 1-36)