

Lach Ha'sir

(Israel)

A non-partner dance choreographed by Shlomo Bachar to music by Boa'z Sharabi.

Pronunciation:

Cassette: Special cassette by Shlomo Bachar

4/4 meter

Formation: Circle, holding hands, face ctr.

Counts

Pattern

PART ONE. (face ctr)

- 1-2 Step R to R; touch L toes across R.
- 3-4 Repeat 1-2 with L to L.
- 5-8 Step-together-step with R across L and moving CW; hold on R.
- 9-12 Yemenite with L.
- 13-24 Repeat 1-12.

PART TWO. (face ctr, holding hands)

- 1-4 Full turn to R with R, hold, L, hold.
- 5-8 Yemenite R.
- 9-12 Yemenite L, on ct 11 pivot on L bkwd thru R, face out, hold.
- 13-14 Step-Bounce R to R, hands held fwd bent, palms up.
- 15-16 Repeat 13-14 with L to L.
- 17 Facing out, step R bkwd.
- 18 Step L bkwd and pivot on L thru L to face ctr.
- 19-20 Stamp R to R; hold.
- 21-28 Yemenite L,R.
- 29-32 Face ctr, Step-together-step sideways LOD with L.

PART THREE. (free hands, face CW, R shldr to ctr)

- 1-4 Step R to R; cross L over. Repeat the step. R hand snaps accordingly with the step.
- 5-8 Facing CW, Yemenite R.
- 9-12 Step-together-step sideways with L to L, back to LOD.
- 13-24 Repeat 1-12. Cts 23-24 pivot on L thru L, end facing ctr.

PART FOUR. (face ctr)

- 1-4 Step-together-step sideways with R to R, pivot bkwd on ct 3 thru R.
- 5-8 Face out, repeat 1-4 with L to L, end facing ctr.
- 9-16 Yemenite R,L.
- 19-32 Repeat 1-16.
- 33-36 Repeat 1-4 of Part Two.
- 37-40 Tap R heel to R; step R to R; cross L over; hold.
- 41-42 Fall on R bent across L; hold.
- 43-44 Hop twice on R moving bkwd.
- 45-48 Yemenite L bkwd.
- 49-64 Repeat 33-48.

Lach Ha'sir - continued

NOTE: Repeat the dance 4 times. The fifth time, repeat Part Four twice.
Cts 41-42 Fall on R and wait 3 holds,
43-44 The same.
45-48 The same.
Repeat 1-8 of Part One.
Cts 9-10 Extend R to R.

Presented by Shlomo Bachar
Notes by David Edery