

RESEARCH COMMITTEE:
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LANDLER

(Swiss)

This dance comes directly from Switzerland where it is danced today

- RECORD: Mys Schaetzeli (My Sweetheart) Moser Tone, A10048
Music analysis—A, B, C, each with four phrases of eight measures (32 meas.) A, B, C, exactly repeated, and 16 measures to conclude.
- FORMATION: A couple dance. In large groups, couples are arranged in a double circle, partners facing, M facing CCW.
- STEPS: Swiss Waltz, Rheinlander Waltz, Hop Waltz (step-hop-swing)

MUSIC 3/4		PATTERN
Measures:		
A.	1-16	I (a) <i>Closed Waltz</i> In ordinary dance position take 8 Swiss waltz steps turning R, 8 turning L, progressing CCW around room.
	1-4	(b) <i>Skating Waltz</i> Skating position: Take one Rheinlander Waltz step diagonally L, starting L ft. and repeat diagonally forward R, starting R ft. Rheinlander Waltz step is—step (ct. 1-2), close (ct. 3), step (ct. 1), swing free ft. forward while lifting on standing ft. (ct. 2-3).
	5	Step L and swing R forward while lifting on L.
	6	Swing R backward lowering heel of L ft.
	7-8	Same, stepping on R ft. and swinging L.
	9-16	Repeat Skating Waltz.
		II. <i>Sling Waltz</i> In closed dance position take 6 waltz steps turning R. On the last step M changes W's R hand to his R. She twirls to her R with 2 more waltz steps while he takes 2 waltz steps in place.
	9-16	Repeat Sling Waltz.
	1-16	Repeat Sling Waltz two more times.
		III. (a) <i>Hop Waltz</i> Position: Both facing CCW, inside hands joined, outside hands on hips. Swinging inside hands forward, both take a step-hop on outside foot, swinging inside foot forward. Repeat starting with inside foot and swing arms backward. Body turns very little on the swings.
C.	1-2	One step-hop-swing is repeated—with this variation for the W: stepping on the outside foot, the W moving in front of the M while turning to her R under the forward and high swinging joined hands. Both take one waltz step, the W completing her turn and the M turning slightly in place to face his partner. (Note: the joined hands are dropped after the W completes her step-hop-swing and while taking the single waltz step. Avoid flinging arms in the air). Take closed waltz position.
	3-4	Take 4 waltz steps turning R, progressing forward.
	5-8	Repeat Hop Waltz.
	9-16	Repeat Hop Waltz.
		III. (b) <i>Twirling Waltz</i> Position: Partners facing, M facing CCW. R arms are held high, W grasping M's 1st finger between her thumb and fingers, in a loose grip. L hands are on own hips. W turns R (or L) in a continuous twirling motion 8 waltz steps (two steps to one complete turn), progressing forward. M takes 8 small waltz steps keeping his partner directly in front of him.

LANDLER--Continued

MUSIC 3/4

PATTERN

(c) *Spinning Waltz*

Position: Lightly grasp raised R hands and join L hands under them. M's L side, W's R side toward line of dance.

9-16

W and M turn one after the other under raised hands (alternating wring-the-dishrag). Two waltz steps for each complete turn, W starts meas. one, M on number two. Turns are quiet and flowing. Each make four turns, the M completing his last turn in one waltz step. Keep arms quiet, avoid letting them windmill.

A.

IV. (a) *Closed Waltz* (b) *Skating Waltz*

1-16

Repetition of Fig. I.

1-16

B.

V. *Sling Waltz*.

1-16

Repetition of Fig. II.

C.

VI (a) *Hop Waltz* (2) *Twirling Waltz* (c) *Spinning Waltz*.

1-16

Repetition of Fig. III.

Concluding
Measures

Waltz in closed dance position.

1-16