## Langdans från Sollerön Sweden

## A circle dance from Sweden

Formation: Open circle, leads to the left!

Hands: "teapot hold" (Right hand on right hip, hook left wrist into the crook of the arm of

the	person	to	vour	left.
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	1	2	3			
1	Step L ←	lift R leg in air	step R			
2-16	repeat bar 1, 15 more times					
17	step L	lift R leg in air	pause			
18	step R	lift L leg in air	pause			
19-20	repeat 18-19					
21-22	repeat bar 1 twice					
23-28	repeat bars 18-	22				