


LAZ BAR - ARMENIA

(Line - no partners)













RECORD: FOLKRAFT 1529 x 45B

RHYTHM: 4/4 () - Each quarter note receives one beat. Four beats per measure.

FORMATION: Leader on right. Hands joined at shoulder height. During the "pas de basque" and "balance" steps, the hands may be rotated up and down in small circles, starting down and moving backwards on the first beat and coming up and moving forward on the second beat, etc.

Music 4/4

Measure

- 1  (Pas de Basque right) Facing center step to right on right foot.
 Touch left toe to front and side of right foot
 (Pas de Basque left) Step to left on left foot
 Touch right toe to front and side of left foot
- 2 Repeat Meas. 1
- 3  (Balance in) Step toward center on right foot
 Touch left toe beside right heel
 (Balance out) Step back on left foot
 Touch right toe slightly in front and to right of left toe.
- 1  (Rock out and in) Moving to right, step back on right foot simultaneously leaning backward and moving hands slightly back,
 Moving to right, step forward on left foot simultaneously leaning forward and moving hands slightly forward
 Repeat 4th measure, first beat
 Repeat 4th measure, second beat.

NOTE: This dance conforms to the musical phrase and may be started at the beginning of any musical sequence.