

Laz Bar (Armenian/Turkish)

Dance of the Laz People
Hands held at Shoulder Height (W position)
Rhythm 7/8 (QQS)

| | | | |
|-----|---|--------------------------------|---|
| Bar | Q | Q | S |
| 1 | R | L | R |
| | → | ● | ● |
| 2 | L | R | L |
| | ← | ● | ● |
| 3 | R | L | R |
| | ↑ | ● | ● |
| 4 | L | R | L |
| | ↓ | ● | ● |
| 5 | R | L, body bends forward at waist | |
| | → | ↗ | |
| 6 | R | L, body bends forward at waist | |
| | → | ↗ | |

notes by Andrew Carnie (2001)