

LEBEDUSHKA

Presented by Alexandru David

Source : Lebedushka is a circle dance from Russia. Alexandru learned it from the Beryozka State Ensemble, Moscow in 1979.

Record: Barinya, by Alexandru David, 1979

Rhythm: 2/4

Style: hands - fists at waist, when arms open, they open forward and then to side in large circular pattern

measures	description
1-4	Introduction

fig 1 travel LOD

1	in LOD step R (ct1), step L (ct&), step R (ct2), brush L diag twrd center (ct&) arms opening to side
2	continuing in LOD reverse ms 1
3-7	repeat ms 1-2
8	turn to face center step L,R, stamp L in place (ctsl,&,2)

fig 2 travel sideways, buzz step, down, up

1	step R to R with bent knee (ct1), cross L behind on ball of ft(ct&), step R to R with bent knee (ct2), cross L behind (ct&)
2-3	repeat ms 1 fig 2, open arms gradually, head following leading arm
4	end with small leap onto R (ct1), stamp L,R (ctsl,&,2) bring fists back to waist and head down
5-8	reverse ms 1-4 fig 2

fig 3 in place, face center

1	wt on ball of L, stamp L heel (ct1), stamp R no wt (ct&), stamp L heel (ct2), stamp R no wt (ct&)
2	stamp L heel (ct1), stamp R (ct&), stamp L (ct2) lifting R
3	hop on L as R steps behind (ct1), touch L heel with slight wt straight out (ct&), step R in place (ct2)
4	reverse m3 fig 3
5-15	repeat ms 1-4 fig 3
16	end with stamps L,R,L in place (ctsl,&,2)

fig 4 travel LOD, fists on waist

1	step R heel, L, R (ctsl,&,2) arms opening out
2	step L heel, R, L (ctsl,&,2) fists returning to waist
3-4	4 running steps R,L,R,L, (ctsl,2,1,2) kicking legs to back
5-16	repeat ms 1-4 fig 4

fig 5 large steps sideways

1	step R to R (ct1), cross L behind (ct&), R to R (ct2), lifting L straight diag out touching L heel (ct&)
2	reverse ms 1 fig 5
3-8	grapevine - step R to R (ct1), cross L behind (ct&), etc. finish closing L to R (ct2)

fig 6

1-16	repeat fig 4
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cont

LEBEDUSHIKA - cont

fig 7 Suzie Q step, face center, fists at waist, heels together toes apart

- 1 move L toe and R heel to R (ct1) (so toes together)
- 2 move L heel and R toe to R (ct2) (so heels together)
- 2 repeat ms 1 fig 7
- 3 lift L diag out back, knee bent as R heel to R (ct1)
- touch L toe in front of R as R toe to R (ct2)
- 4 lift R diag out back, knee bent as L toe to L (ct1)
- close R heel to L heel (ct2)
- 5-16 repeat ms 1-4 fig 7

fig 8 ending step

- 1 stamp L heel (ct1), stamp R no wt (ct2)
- 2 step R behind L (ct1), touch L heel diag out (ct2) stratching
arms out R up, L front low

Dance notes by Maria Reisch