

LEFKADITIKOS

GREEK DANCES by Athan Karras

LEFKADITIKOS

Music: Panegyris: Side , band 3 Esoteric ES527 /Folkraft Greek LP

Notes: Danced on the island of Lefkas, one of the Ionian group of Isles who share a common culture , though still are identified , by their own representation of dances , costume and folklore. It is a two part dance. It has a slow part , and a quicker part. It is identified by all dancers doing the exact same step, and the leader does not add much outside of a turn , or a snap on his heel. When danced by women only , as it is done often, they may hold hands in a basket weave , crossed over in front.

Styling: An open circle with hands at shoulders, the slow steps are sedate controlled, and not lively, as contrasted with the second part where the slightly more intricate footwork takes place. The Dip on the forward step is where the styling of the dance particularly noticed.

Rhythm: 2/4 & 7/8 time.

Meas. Pattern:

- 2/4 First part: (SLOW)
 Arms at shoulders all dancers stand facing R, LOD to start
 1. Turn body slightly and step R ft. in LOD
 2. Step back on L ft. in LOD
 3. Step back on R ft. in LOD
 4. Pivot to face LOD while bringing L leg around and touching toe on floor in LOD
 5. Bring L leg to step to L
 6. Bring and touch R toe To L in front of R ft.

(Repeat 1-6) 3 more times . (4 times in all)

- 7/8 Second Part: (QUICK) Line facing center.
 1st meas. - Step R ft. to R (s) Step L ft. behind R ft. in RLOD (q)
 Step R ft. into center in front (q)
 2nd meas. - Jump down with dip on to both feet, L ft. in front of
 R ft. (s) Step R ft. back from center (q) Step L ft.
 behind R ft. (q).
 3rd meas. - Moving in R LOD, step R ft. behind L ft. (s) step L ft.
 to L (q) , step R ft. across in front of L ft. (it can
 be raised slightly from floor (q)
 4th Meas. - Step back on L ft. (s) step R ft. to R (q), step L ft.
 across in front of R ft. (q)

(Repeat th 4 meas. 3 more times) (4 times in all)