






LEFKADÍTIKOS  
(Greece)

Source: Lefkadítikos is danced in Lefkáda, an island in the Ionian Sea, off the western coast of Greece. It is a "diplós horós," that is, a "double dance," having two parts. One authority, V. Papahristos, says that it is a dance for women only, but it seems that it is also done by men. It is described in the following books:







Bibliography: Elliniki Hori, V. Papahristos, (Athinaí, 1960)  
Greek Folk Dances, M. Vouras and R. Holden,  
(New Jersey, 1965)

Music: 1st part, slow 2/4 (1)  (2)   
2nd part, fast 7/8 (1)  (2)  (3) 

Records: Greek Folk Dances - Folkraft LP-8  
Greek Folk Songs & Dances - Counterpoint  
CPT-527







Formation: The dancers should be joined with a chain hand-hold. That is, a broken circle with each person holding the hand of the person on the other side of their neighbor. The dancer's hand should cross in front of his neighbor and grasp the hand of the next person.

FIRST PART (slow)

<u>Meas</u>	<u>cts</u>	<u>2/4</u>
I	1 	Facing ctr, step sdwd on the R ft.
	2 	Step behind the R ft on the L ft, turning body to face L.
II	1 	Step sdwd to the R on R ft, turning to face R.
	2 	With wt remaining on R ft, bring L ft across in front of R ft and rest L edge of L ft to R of R ft; body leans slightly back (RLOD).
III	1 	Step to L on L ft, turning to face L (RLOD).
	2 	With wt remaining on L ft, bring R ft across in front of L ft and rest right edge of R ft to L of L ft; body leans slightly back (LOD).

Repeat meas I-III to a total of 4 times.

SECOND PART (fast) 7/8

I	1 	Step sdwd on R ft.
	2 	Step on ball of L ft directly behind R ft.
	3 	Step sdwd on R ft.
II	1 	Leap fwd onto both ft, bending knees. The R ft is slightly fwd of where it was previously, and the L ft is slightly in front and to the L of the R ft.
	2 	Step back on R ft.
	3 	Step back on L ft.

# LEFKADÍTIKOS (continued)

- III      1 ♪      Step back on R ft.  
           2 ♪      Step to L on L ft, facing almost RLOD.  
           3 ♪      Step across in front of L ft on R ft, still  
    facing almost RLOD.  
 IV      1 ♪      Step back (LOD) on L ft, truning to face ctr.  
           & ♪      Step R on R ft, leap across in front of R ft  
    on L ft.  
           2,3 d      Wt still on L ft, pause.

Repeat meas I-IV to a total of 4 times.

Presented by John Pappas

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