

LEMA'ANA (To Her)

Dance: Moshiko

Record: MIH 1-2

Music: Ladino Melody

Formation: Couples face CCW, man inside, girl outside; join inside hands at elbow level, bent and extended forward. Outside hands are on hips. Start with outside foot (Man L, Girl R) Man's step described.

PART I

- 1-2 Step fwd L,R
- 3 L & R fwd
- 4 L forward
- 5-8 Reverse 1-4 beginning with R foot
- 9-16 Repeat 1-8; On counts 13-16 man walks in place while woman walks forward and meets a new partner
- 17-32 Repeat 1-16, but don't change partners

PART II

- 1 Leap on L to L side (with bent knee)
- 2 Leap on R to R side and cross L in front of R
- 3 R backward and lift L flexed in front of R
- 4 Clap back of R hand on L palm (girl reverse)
- 5-8 Repeat 1-4 exactly
- 9 L forward
- 10 R forward, turning in to face ptr.
- 11 Release hands. L & R in place, continue turning to R side to face CW
- 12 L in place
- 13 R backward, continue turning
- 14 L in place, finish turning.
- 15 R & L in place. Join inside hands again facing CCW
- 16 Step R in place
- 17-32 Repeat 1-16

Presented by Teme Kernerman at Maine Folk Dance Camp 1987

