Lemonia - Greece

ine dance, W-position, meter 3/4.

Measure	Count	Step	
Part I			
1	1-3	Facing slightly to the R, step on R foot in LOD (1), hold (2,3).	
2	1-3	Step on L foot across R foot (1), hold (2,3).	
3		Repeat measure 1.	
4	1-3	Step on L foot in front of R foot (1), step on R foot in place (2), hold (3)	
5	1-3	Step on L foot in place (1), hold (2,3)	
6	1-3	Step on R foot next to L foot (1), step on L foot across R foot (2), hold (3)	
7	1-3	Facing center, step on R foot to R (1), hold (2,3).	
8	1-3	Close L foot to R foot (1), hold (2,3).	
9-24		Repeat measures 1-8 two times.	
?art II			
1	1-3	Facing center, step on R foot to R (1), hold (2,3).	
2	1-3	Step on L foot behind R foot (1), step on R foot slightly back and to the R (2), hold (3).	
3	1-3	Step on L foot across R foot (1), hold (2,3)	
4	1-3	Touch R toe next to L toe (1), hold (2,3)	
5-8		Repeat measures 1-4	
Part II var.			
1-3		Same as in Part II	
4	1-3	Step on R foot in front of L foot (1), step on L foot in place (2), hold (3).	
5-8		Repeat measures 1-4	
Sta Dhio			Meter is 2/4
1	1-2	Facing slightly to the R, step on R in LOD (1), step on L foot behind R foot (2), step on R foot to R (&).	

2 Step on L foot across R foot (1), step on R foot to R (2), step on L foot across R foot (&).

The music consists of vocal and instrumental sections. During the vocal section, do part I. During the instrumental section, do part II or part II var. depending either on what the leader calls, or the custom of the group.

When the meter of the music changes to 2/4, do Sta Dhio until the end of the music.

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