1, 2, 3	Step back l.
1, 2	Step back r., weight off l.
1, 2	Weight on l.

BALANCE II

1, 2, 3	Side r.
1, 2	Cross l. in front of r., weight off r.
1, 2	Weight back on r.
1, 2, 3	Side l.
1, 2	Cross r. in front of l., weight off l.
1, 2	Weight back on l.

BALANCE III

1, 2, 3	Side r.
1, 2	Cross l. behind r., weight off r.
1, 2	Weight on r.
1, 2, 3	Side l.
1, 2	Cross r. behind l., weight off l.
1, 2	Weight on l.

PETRIDES

LERIKO

This dance, as its name indicates, is a popular dance from the island of Leros in the Dodekanese group. The dance is to the sousta as the slow hassapiko is to the fast hassapiko; i.e., a slow section which gradually accelerated to the fast section and which, in the course of time, became a separate dance unto itself.

Characteristics: Slow and heavy with a restrained vigor.

Formation: Open circle moving counter-clockwise with basket-weave handhold.

Time: 2/4

Steps:

1 Side r.
2 Cross l. behind r.
1 Side r.
2 Together l. or (*a*) slide l. to r., gradually lifting l. foot up
                              behind r. calf high, bending l. knee.
           or (*b*) hobble onto r.

1 $\begin{cases} (\frac{3}{4} \text{ of a count}) \text{ Step forward on l.} \\ (\frac{1}{4} \text{ of a count}) \text{ Together on ball of r. foot, knee bent.} \end{cases}$
2 Forward onto l.

Variation

1 Side r.
2 Cross l. behind r.
1 Side r. and quickly bring the l. to the r. slightly off the ground.
2 Forward l., together r.

1 $\begin{cases} (\frac{3}{4} \text{ of a count}) \text{ Forward l.} \\ (\frac{1}{4} \text{ of a count}) \text{ Together on ball of r. foot, knee bent.} \end{cases}$
2 Forward l.

Note: The hobble step is actually a slight hop started off with the aid of a little push on the ball of the other foot with knee bent and which is brought up to the other foot before pushing off on it.

PETRIDÉS

PENTOZALES

The name of this dance means *pento* (five) *zalē* (step) jig, and is typical of tricky, fast-stepping island dances. This was also a war-dance but served to test the footwork and agility of the dancers. Frequently the dance breaks up into smaller groups and they perform somersaults while in line, the leader always elaborating on the basic steps and leaping through the