

LERIKOS
Greek folk dance

Record: Nina L76 Side 2 Band 4; Nina 2500-A (45 rpm)

Origin of dance unknown as we go to press... we learned it from Sam and Helen Mazur, well known teachers in the New York City area. Its delightful melody and simple steps have made it very popular with American folk dancers.

FORMATION: Hands joined at shoulder level, elbows bent.

GRAPEVINE STEP to the right like this:

Step to side on Right foot... step in back of Right onto Left foot.

Step on Right to side... step in front of Right onto Left foot.

Step-hop on Right foot.

Move to center with a step-together-step (L,R,L).

Repeat until the instrumental part of the record begins, then do the

INTERLUDE: (Done to the instrumental part of the record)

Step to Right onto Right foot.... step on Left foot in back of Right.

Step to Right onto Right foot.... Hop on Right foot.

Move to center with seven tiny steps, LRLRLRL.

Do the interlude 2 times, then repeat dance from beginning.

Presented at Maine Folk Dance Camp, 1977, by Mary Ann Herman.
Record available from FOLK DANCE HOUSE, Box 201, Flushing, N. Y. 11352

Page 12

Mary Ann Herman Weekend, Nov. 3-4 1979

Miami Valley Folk Dancers

MVFD Syllabus Collection - Copyright Miami Valley Folk Dancers 2004