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LEŠI
(Lay shee)

Country: Macedonia
Source: Atanas Kolarovski
Recording: AK Vol IV Makedonski Tanec
Formation: Open circle or line, hands in "W" position

DIRECTIONS

Introduction

- | | |
|---|--------------|
| A. STEP R, draw L up to back of R ankle | SLOW |
| STEP L, " R " " " " L " | SLOW |
| STEP R, L in LOD | QUICK, QUICK |
| STEP R, L bkwd in RLOD, HOLD | QUICK, SLOW |
| STEP R, L in place | QUICK, QUICK |

Repeat A

- B. STEP R, L, R, SWING L fwd leg straight, in LOD
STEP bkwd L, SWING R bkwd knee slightly bent
Moving fwd STEP R(Slow), L(Quick), R(Quick)
With sweeping motion STEP L twd center
STEP bkwd R, LIFT L knee bent
Moving in RLOD STEP sideward L, R behind, Side L, STEP R, L (in place)

Repeat B

Repeat from beginning AABBB

Repeat a second time AABBB

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