

ČUJEŠ MALA (CHOO-yesh MAH-lah) A/4. ŠUŠU MILE (SHOO-shoo MEE-leh) B/3.

The same ftwk is used for both melodies.

Formation: Open circle, leader at R end, V pos. Face slightly R of ctr, wt on L. 2/4 meter

Style: Steps are small; bend knees on first ct of each meas, more deeply on 2nd, 3rd, and 4th meas of each dance phrase; dance moves very slightly to R.

Measures

- 1 Step to R on R, bending knee (ct 1); hop (lift) on R, at same time swing L across in front of R (ct 2); step on L across in front of R (ct &).
- 2 Step to R on R, bending knee (ct 1); bring L next to R and bounce twice on both ft (cts 2, &).
- 3-4 Repeat action of meas 2, alternating ftwk.
- 5-8 Repeat action of meas 1-4, but with opp ftwk and direction.

Dance repeats from beginning.

LESNOTO (LESS-noh-toh) (A/5)

This Macedonian line dance is known throughout all of Macedonia and the variations are many - particularly if men dance in a line by themselves.

Formation: Open circle, leader at R end, w pos but with hands extended fwd slightly. When only M dance, use T pos. Face slightly R of ctr, wt on L.

Rhythm: 7/8 meter: 1,2,3 - 1,2 - 1,2; counted here as 1,2,3.

Steps: Each step is taken with a plié (bend of knee). As tempo accelerates steps become light leaps.

Measures

- 9 Introduction: begin dance with vocal.
- 1 Step R to R (ct 1); lift L across in front of R (ct 2); step L in front of R (ct 3).
- 2 Step R to R (ct 1); start to lift L in front of R, L knee bent, body turns slightly to L (ct 2); raise and lower R heel as L knee arrives in pos in front of R leg (ct 3).
- 3 Repeat action of meas 2, but with opp ftwk.

Repeat dance from beginning.

U ŠEST KORAKA (A/6) steps include those as described for MORAVAC, plus many more. Most commonly seen step is the one described as III "Fours".