

Lesnoto Majka

(Macedonia)

This dance is seen all over Macedonia. It is done at many gathering occasions like weddings, name days, picnics, and parties.

Pronunciation: LEHSS-noh-toh MAHY-kah

Music: 7/8 meter, counted 1 2 3 *Makedonski Narodni Pesni i Ora, Stockton Folkdance Camp 2011, Band 7*

Formation: Mixed line or open circle; hands joined in W-position.

Steps & Styling: Čukče: A low hop in which the ball of the foot remains on the floor.

<u>Meas</u>	<u>7/8 meter</u>	<u>Pattern</u>
4 meas		<u>INTRODUCTION</u> . No action. Wait 4 meas and do Fig 2, meas 1-4.
I A.		<u>FIGURE I A. VOCAL</u>
1		Lesnoto – Facing ctr, step R to R (ct <u>1</u>); lift on R (ct 2); step L across R (ct 3).
2		Step R to R (ct <u>1</u>); Čukče on R twice, bringing L knee up in front (cts 2,3).
3		Repeat meas 2 with opp ftwk and direction.
I B.		<u>FIGURE I B. VOCAL</u>
1		Facing diag. LOD, slight lift on L (ct ah); step R fwd (ct <u>1</u>); touch L next to R (cts 2,3).
2		Slight lift on R (ct ah); step L-R-L fwd (cts <u>1,2,3</u>).
3-4		Repeat Fig I A, meas 2-3.
II.		<u>FIGURE II. INSTRUMENTAL</u>
1		Facing diag. LOD, small leap onto R, L (cts ah, <u>1</u>); Lift on L (ct 2); step on R fwd (ct 3)
2		Repeat meas 1 with opp ftwk.
3-4		Repeat Fig I A, meas 2-3.

Sequence:

Fig IA, Fig II, Fig IA, Fig II, Fig IB

Presented by Fusae Senzaki-Carroll

Lyrics

Ej majko moja sakana i mila
Kaži kakva taga srce ti si skrila
//Pred mnogu godini pod vedro nebo
Vo gradot Lerin rodena sum čedo//

Ej majko moja sakana i mila
Kaži kakva taga srce ti si skrila
//Pred mnogu godini tirani kleti
Ne izbrčaa sine od domovi sveti//

Ej majko moja sakana i mila
Kaži koja želba posledna biti bila
//Pred da umram sine Egej jas da vidam
Barem ušte ednaš Lerin da si vidam//
Barem ušte ednaš Lerin da si vidam