## (Greece)

Source: Simos Kostandinou '
Record: Florina Folk Dances of Macedonia, Greece. FL-2C.
Meter: 12/16, counted 1-2-3-4-5.
Formation: Line of men and women; joined hands held shoulder height.

Meas	Pattern
1	Facing ctr, wt on L, push the R ft in and down, as if heel were pushing something into the floor (ct 1); R ft swings to R in smooth motion at same time L heel lifts slightly (ct 2); step on R to R (ct 3); step on L behind and next to
2	R (third pos) (ct 4); step R to R (ct 5).  Lift on R bringing L fwd and turn body slightly R (ct 1);  step on L to R (ct &); lift on L bringing R fwd (ct 2);  step on R to R (ct 3); face ctr and step in on L (ct 4);
3	step back to place with R (ct 5).  Lift twice in place on R, bringing L slowly around behind R (cts 1,2); step close behind R on L (ct 3); step behind L on ball of R ft (ct 4); lower onto L in place (ct 5).

NOTE: As the dance progresses the steps become larger and the dance moves farther. Count 4 of each meas can be broken into a 4.&.

In meas 1 a lift on the R is added: (ct 4) step on L next to R (ct &); rest of step remains same.

In meas 2 again a lift on R is added: (ct 4) step in on L (ct &). Both of these meas are felt as hop-step-step on (cts 4,&,5).

Meas 3 has no real change except for the general lighter and larger spirit found in all the steps.

The leader may do solo turns, squats, or other improvisational movements as he wishes.

Presented by Bill Burke