

DEBKA (LIVSHU NA 'OZ)

Palestinian Dance

Music: Cut record available

Formation: Open chain (row) moving to the R, all hands joined.

1. Two sliding jumps to R, preparing jump on LF. Two Deoka jumps in place with feet together, turning the feet and hips first L then R very lightly. Repeat the above 3 more times.
2. In place, point LF forward, hopping twice at the same time on RF. Two jumps in place with feet together. Point RF forward and hop on LF twice. Jump twice in place with feet together. Repeat Figure 2.

Hebrew words: Livshu, livshu na 'oz,  
Ha-ir lanu ma 'oz.  
(Repeat)  
Bachurim, bachurim,  
Zer gvu-ra 'a-tu-rim.  
(Repeat)