

LOT IS DOOD
The Netherlands

Lot is Dood translates to Lot is dead and refers to the song to which the dance is originally done.

The dance comes from the province of Overijssel in the East of the Netherlands.

MUSIC: Cassette "Folk Dances of Holland" - JL1988.03
Presented by Jaap Leegwater

STEPS: Slide & Close - Step, Slide or Gallop, Schottische - Step and Polka

FORMATION: Couples facing each other on the circle line in closed ballroom position. Arms (his L and her R) are straight and point fwd low. Men facing Lod, women facing RLOD.
Men starting with L ft and the women with R ft.

METER: 2/4

PATTERN

MEAS

PART 1

- 1-4 4 side-close steps sdwd tw ctr, gradually raising the arms that hold hands
5-8 8 small slides or gallops sdwd back to starting position
9-16 repeat action of meas 1-8

PART 2

Couples are now facing each other on the circle line in open ballroom position (his R hand holds her L hand, the other hands are free).
Men facing out, women facing in.

- 1 both do a schottische - step sdwd in LOD facing each other
2 both continue to move in LOD with another schottische - step starting with the other ft, turning back to back
3 repeat action of meas 1
4 both do a schottische - step, making a full turn, he CCW, she CW in place
5-8 polka CCW in LOD in close ballroom position
Repeat the dance from the beginning

Description by Jaap Leegwater © 1988

Presented by Jaap Leegwater at the CAMILLIA FESTIVAL FOLK DANCE WORKSHOP
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