

# Lourke Armenia

The original word Lourke comes from the Kurdish and means a rocking up and down movement..Tineke van Geel learned the dance in the Vaspourakan region, historically West Armenia (today known as eastern Anatolia, Turkey), and is a traditional dance.

TRANSLATION: Cradle for babies

PRONUNCIATION: LOOR-kay

MUSIC: CD: Dances of Armenia, Compilation Van Geel Recrds, #8; or  
"Ararat - Armenian Dances

FORMATION: Traditionally pinkies interlocked in W-pos, (hands may be used in place or pinkies), in an open circle, facing ctr.

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METER: 4/4 & 6/8

PATTERN

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Meas

**6/8** **INTRODUCTION:** 4 meas

**4/4** **FIG. I: SLOW MUSIC** (Do a total of 4 times)

1 With ft in closed pos, bend both knees (ct 1); straighten knees (ct &); repeat cts 1-&, 3 more times (cts 2-4). (4 times in all)

2 Repeat meas 1, cts 1,&, but putting wt on both heels, turn toes diag R (cts 1-&); repeat meas 1, ct 1-&, but turn toes twd ctr (ct 2-&); repeat cts 1-&-2-& in opp direction (toes L-ctr) (cts 3-&-4-&).

3 Step R fwd - R shldr move fwd with small accent (ct 1); step L back to place (ct &); step R beside L (ct 2); step L fwd - L shldr move fwd with small accent (ct 3); step R back to place (ct &); step L beside R (ct 4).

4 Step R to R (ct 1); step L behind R - arms swing down to V-pos (ct 2); step R to R (ct 3); step L beside R - arms return to W-pos (ct 4).

**6/8** **FIG. II: FAST MUSIC** (Do a total of 4 times)

1 Step fwd on R heel - push arms fwd (horizontal to floor) twd ctr (cts 1-2); step L back to place (ct 3-4); step R beside L - arms return to W-pos (ct 5-6).

2 Repeat meas 1 with opp ftwk. (L heel fwd)

3 Jump R fwd on both ft (ct 1-3); jump diag L bkwd (to where you came from) (cts 4-6).

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- 4 Repeat meas 3, cts 1-3, but jump diag L fwd (cts 1-3); leap bkwd on L and face ctr as R lifts bkwd (lower leg parallel to floor) (cts 4-6).
- 5 Optional: Hop on L as R heel touches fwd on floor (cts 1-3); leap R in place as L lifts bkwd (lower leg parallel to floor) (cts 4-6).
- 6 Repeat meas 5 with opp ftwk.
- 7 Option: Hop on L sdwd R (ct 1); step R to R (cts 2-3); step L behind R (ct 4-6). Arms swing down to V-pos.
- 8 Option: Hop on L sdwd R (ct 1); step R to R (cts 2-3); step L across R (cts 4-6). Arms return to W-pos.

Each Fig is done 4 times, dance is done a total of 3 times.

Original notes by Tineke van Geel

R&S'd from observation, video, errata by Dorothy Daw, 9-03

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