

**LUBI-LUBI**  
(Philippines)

**SOURCE:** Lubi-Lubi (LOO-bee-LOO-bee) is a very popular ballroom folk dance that had its early origin in the provinces of Leyte and Samar. Lubi means coconut. This dance obviously derived its name from the song dancers and spectators customarily sing during the dance rendition. Its mass appeal is so widespread that many variations from it have evolved. This version was choreographed by Bernardo T. Pedere of the common steps he learned from the old people in the town of Burauen, province of Leyte. It is usually performed by a couple or several couples scattered informally around the room, following no definite movement pattern. In this version, the figures are arranged so that it is performed as a social mixer.

**MUSIC:** Record - MICO MX 516-B 3/4 meter

**FORMATION:** Cpls hold as in ordinary ballroom dance pos forming a circle set formation. M faces CCW, W CW. The whole set moves CCW as dance progresses. Any number of cpls may take part.

**STEPS & STYLING:** Sway balance with a raise: Step R diag fwd R (ct 1); bring L leg across from L to R in a small semi-circle close to floor (ct 2); step L across in front of R (ct 3). Step R obliquely bkwd R, (ct 1); raise L knee in front (ct 2,3). Bend body slightly fwd on ct 1 and raise gradually upwd to erect pos on cts 2,3. Open arms sdwd at chest level on cts 1,2,3, bring R H overhead (cts 1,2,3), L H in front at chest level. Arm movements should flow smoothly. Dancers sway gracefully from side to side when doing the waltz steps in ballroom dance pos.

**MUSIC:** 3/4

**PATTERN**

**Meas.**

1-2 INTRODUCTION

A FIGURE I

1-4 Begin M R, W L, cpl dances 4 waltz steps fwd moving CCW in a set. M moves fwd, W bkwd.

5-8 Begin M R, W L, do 1-1/2 waltz turns CW slowly moving fwd in LOD to finish with M's back to LOD, W faces LOD.

9-12 Repeat action of meas 1-4 with W moving fwd, M bkwd.

A FIGURE II

1-8 Release hold. Begin R, 4 sway balance steps with a raise, R & L alternately, R & L arm high alternately.

9-12 M: Begin R, 4 waltz steps fwd to go around ptr moving CW passing R shldr to finish in front of next W in LOD. Fists on waist. Assume ballroom dance pos with new ptr on last ct.

W: Two waltz steps in place, R & L, and two waltz steps R & L to turn 1/2 CW on ct 1 meas 11 to face new ptr. Clap hands out at shldr level to the same side as leading ft. Assume ballroom dance

*continued...*

## Lubi-Lubi (Cont'd)

pos with new ptr on last ct.

B

## FIGURE III

1-12

Repeat action of meas 1-12, Fig I.

13-16

Release hold. Begin R, 4 waltz steps R & L alternately. W holds skirt, M fists on waist.

## FIGURE IV

1-12

Repeat action of meas 1-12, Fig II

13-16

Repeat action of meas 13-16, Fig III with new ptr.

Repeat dance from the beginning two times.

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