

FOLK MUSIC INTERNATIONAL - WORLDTONE MUSIC, INC.
56-40 187 St., FLUSHING, N. Y. 11365

TELEPHONE:
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MA NA'AVU - Israeli Circle Dance

Record: TIKVA 45 rpm - 45-102
Dance: Raya Spivak
Music: J. Spivak - 2/4 meter.
Dance Formation: Circle, hands joined, facing center.

PART I

Count	Pattern
1,2	Touch R toe fwd. Hold
3,4	Touch R toe to R side. Hold
5-8	Twinkle step. Step back on R (ct 5). Step L next to R (ct 6). Step fwd on R (ct 7). Hold (ct 8). L ft is left on the spot, and not brought fwd.
9,10	Shift body weight onto L (rocking action back). Hold
11,12	Shift body weight fwd onto R ft (rocking action fwd). Hold.
13	Shift body weight back onto L.
14	Shift body weight fwd onto R
15,16	Close L to R. Do not transfer weight to L. Hold.

PART II

1-4	Facing ctr, do a Yemenite R. Step on R toe to side (ct 1) Step on L toe next to R heel (ct 2). Step on R fwd, crossing slightly in front of L (ct 3). Hold (ct 4).
5-8	Turn to face LOD-(CCW). Take three steps fwd, L,R,L. Hold. Hands are brought to shoulder level for these three steps.
9-32	Repeat Part II, cts 1-8, three more times.