

Step 2. RIDA

- a.) w/R ft, rolling from heel to toe, step to R + w/L ft and a small knee bend, step into V. pos. in front + (move to R)
- b.) same as S2a, to L start w/L ft JJ

Step 3. ELÓREVÁGÓ

- a.) jump on R ft in place, while swing lower L leg to L, knee turned in + hop on R ft again, while turn knee out, straightening leg and place L heel on ground +
- b.) same as S3a, but start w/L ft JJ

Step 4. HARANG (Bell) □□

- a.) small steps w/R-L ft in place □+ step on R ft in place, while swing L ft to L, off the ground(straight leg) +
- b.) same as S4a, to L □□

MOTIFS

I. EGYLÉPÉSES

(3xS1a)+(3xS1b)+(3xS1c)+(3xS1d)

II. RIDA

(6xS2a)+(3xS3a+b)+(6xS2b)+(3xS3b+a)

III/A. (Gather into back basket pos.)

(8xS2a)+(2xS4a b)+(8xS2b)+(2xS4b+a)

SEQUENCE OF DANCE Meas. 4/4

A1

1-12 MOTIF I (Egylépéses)

A2

1-12 MOTIF II (Rida)

A3

1-12 Same as A1

A4

1-12 Same as A2 B1 1-16 MOTIF II/A

A5

1-12 Same as A1 B2 1-16 Same as B1

KALMÁN & JUDITH

LP-40

GÖMÖRI FRISS CSÁRDÁS

(Csárdás - couple dance from Gömör)

side: B

Step 1. BOKÁZÓ (clicking) ||||

band: 4

- a.) jump on parallel ft in place, bend knees + hop on L ft, bend knee, while swing lower R leg to R + clicking R ft to L ft, jump on both ft again + jump on R ft in place, swinging L lower leg to L +

- b.) same as S1a, turning to R in place JJJJ

Step 2. SARKAZÓ (step on heel) JJJJ

(start w/wt on R ft, L lower leg to L - end of Motif I)

jump onto L ft in place, while swing lower R leg to R, knee turned in + hop on L ft in place, while turn R knee out and place R heel on ground + repeat to other side JJ

Step 3. FORGÓ JJ

- a.) w/R ft step to R, bend knee slightly + step w/L ft to R, crossing L ft in front (straighten knee) +
- b.) same as S3a, to L JJ

Step 4. BUKÓ JZ

- a.) step w/R ft to R into straddle pos, wt. on both ft JZ
- b.) same as S4a, to L JZ

MOTIFS

I. BOKÁZÓ

4x(S1a)

I/A.

4x(S1b)

II. SARKAZÓ

4x(S2)

III. FORGÓ III/A III/B III/C
3x(S3a+S4a) 3x(S3b+S4b) 7x(S3a+S4a) 7x(S3b+S4b)

SEQUENCE OF DANCE

A1 (Meas. 4/4)

1-4 MOTIF I.
(Bokázó)

5-8 MOTIF II.
(Sarkázó)

9-12 MOTIF III & III/A
(Forgó R & L)

13-16 MOTIF I/A.

A2

1-16 Repeat above motifs

A3

1-16 Repeat above motifs

A4

1-16 Repeat above motifs

A5

1-16 Repeat above motifs

KALMÁN & JUDITH

MAJOR

B1 (meas. 4/4)

1-4 MOTIF III/B
(Forgó to R)

5-8 MOTIF III/C
(Forgó to L)

9-12 MOTIF III & III/A
(Forgó R & L)

LP-40

C1

1-4 MOTIF I

5-8 MOTIF II

9-12 MOTIF III & III/A

B2

1-12 Repeat B1 Motifs

C2

1-12 Repeat C1 Motifs

side: B

band: 5

Formation: in circle or in line; arms free moving

Step 1. HAJLONGÓ (Swaying) |||||/||||

starting pos: small straddle pos, wt on R ft, partial wt on L ft; knees bent, arms upwd and bent, body turned slightly to R

in this pos. bend and flex knees 4 times, turning body and arms even more to R |||| + repeat to L ||||

Step 2. ELÓRE MENŐ (Move fwd) |||||/||||

starting pos: arms upwd, bent at elbow, wt on L ft

step on R ft, turning knees and body to R + step on L ft, turning to L + repeat to R + in this pos. bend knees even more + repeat starting w/L ft ||||

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