

MAIKE
(Mykeh)

Country: Germany
Source: Jane Farwell
Recording: Tanz EP 58112
Formation: Quadrille of four couples

DIRECTIONS

Introduction

Verse 1 All circle to the left (cw) with walking steps (16 steps)
All circle to the right (ccw) to place (16 steps)

Chorus: Head couples polka halfway around each other(4 measures) then in
to the center leaving the two head ladies back to back (2 meas.)
then back into opposite positions(2 meas.)

Side couples the same

Men walk 16 steps cw clapping hands, taking partners right hand
they exchange places

Women walk 16 steps cw while men clap hands, taking partner's right
hand all move directly into Grand Chain

Grand Chain, meet partner and turn once around with right hand,
balance away on counts 15 and 16. Continue Grand Chain to home
position and turn partner with right hand.

Verse 2 Turn partner by right hand (16 steps)
Turn partner by left hand (16 steps)

Chorus:

Verse 3 Ladies circle cw (16 steps); ladies circle ccw (16 steps)

Chorus:

Verse 4 Men star right (16 steps): men star left (16 steps)

Chorus:

Verse 5 Same as verse 1

Tulsa 1978