

~~The~~ Mains Blanches

(French-Canadian)

This dance comes from the Saguenay and Lotbinière regions of Quebec.
Based on original research by Jean Trudel & France Moreau

Translation: The white hands.

Pronunciation: Leh mehn BLAN-sh

Rhythm: 2/4 Record: Any French-Canadian "reel" such as "Bonnie Kate"
on Legacy LP 120 or Philo 2006 "Parties de Set" etc.

Formation: 4 couples in square formation. W on M's R.

MEASURE

DESCRIPTION

INTRODUCTION

- 1-8 Everyone circle to the L
9-16 Everyone circle to the R
17-32 Everybody swing ptr.
33-48 All cpls promenade around set in shldr-waist pos.

BASIC FIGURE

- 1-8 Men 1 & 3 walk fwd presenting & touching both palms of hands
together and then back out to orig. place, meanwhile their
lady ptrs. moved to the couple on the R to form a trio.
9-16 The side "trios" move fwd, present (no touching) and move
back to place
17-32 Men 1 & 3 move fwd, pass each other at R shldr, do an
about face CCW and back out to opp. M's orig. pos.
33-48 The side "trios" also cross over in a similar fashion.

CHORUS FIGURE

- 1-8 Men 1 & 3 swing the lady on the L
9-16 Promenade that lady (shldr-waist pos) inside the set
halfway 'round.

NOTE:

Then, it's back to the basic figure, alternating with the
chorus figure three more times, until everyone is back
to the original place.

TRANSITION

- 1-16 Everyone faces ptr and does a grand right-and-left and then
the whole dance repeats with M 2 & 4 taking the lead

FINALE

- 1-16 When the last two cpls have gone through all the above patterns
there is a final grand right-and-left
17-32 Everybody swing ptr.

Presented by Y. Moreau