MAINS BLANCHES

(French-Canadian)

This dance comes from the Saguenay and Lotbinière regions of Quebec. Based on original research by Jean Trudel & France Moreau

Translation: The white hands.

Pronunciation: Leh mehn BLAN-sh

Rhythm: 2/4 Record: Any French-Canadian "reel" such as "Bonnie Kate"

on Legacy LP 120 or Philo 2006 "Parties de Set" etc.

Formation: 4 couples in square formation. W on M's R.

MEASURE

DESCRIPTION

	INTRODUCTION
1-8 9-16 17-32 33-48	Everyone circle to the L Everyone circle to the R Everybody swing ptr. All cpls promenade around set in shldr-waist pos.
	BASIC FIGURE
1-8	Men 1 & 3 walk fwd presenting & touching both palms of hands together and then back out to orig. place, meanwhile their lady ptrs. moved to the couple on the R to form a trio.
9-16	The side "trios" move fwd, present (no touching) and move back to place
17-32	Men 1 & 3 move fwd, pass each other at R shidrs, do an about face CCW and back out to opp. M's orig. pos.
33-48	The side "trios" also cross over in a similar fashion.
	CHORUS FIGURE
1-8 9-16	Men 1 & 3 swing the lady on the L Promenade that lady (shldr-waist pos) inside the set halfway 'round.
	NOTE:
	Then, it's back to the basic figure, alternating with the chorus figure three more times, until everyone is back to the original place.
	TRANSITION
1-16	Everyone faces ptr and does a grand right-and-left and then the whole dance repeats with M 2 & 4 taking the lead
	FINALE
1-16	When the last two cpls have gone through all the above patterns there is a final grand right-and-left
17-32	Everybody swing ptr. Presented by Y. M Edmonton, June, 19